

Base Menu Spreadsheet

Portion Values

Aug 23, 2017 thru Sep 1, 2017

Menu Name: MCHS Lunch Menu
Site:

Include Cost: No
Report Style: Detailed

Wednesday - 08/23/2017

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
001130 .SANDWICH, CHEESEBURGER WITH POTATO WEDGES (MCHS)	1 EACH	10	517	8.04	1194	4	23.05	0.00	65	47.69	5.06	32.95	165	173.2	2.45	5.40
001156 .SANDWICH, CHICKEN PATTY, W/POTATO WEDGES	1 SERV	35	549	4.00	1193	4	21.02	0.00	64	64.08	8.01	28.01	159	98.0	3.41	3.88
000946 .PIZZA, CHEESE WG PRIMO 16" & TOTS	1 SLICE	15	490	8.00	910	9	22.00	0.00	35	50.00	5.00	23.00	400	450.0	3.60	2.70
000948 .PIZZA, PEPP WG PRIMO 16" & TOTS	1 SLICE	15	500	8.00	970	9	22.00	0.00	40	50.00	5.00	23.00	400	400.0	3.60	2.70
000348 .PIZZA, 7" CHS FRESH BROTHERS WITH RAISELS	1 PIZZA	35	470	4.00	400	29	13.00	0.00	15	75.00	6.00	12.00	400	102.0	103.60	6.70
000346 .PIZZA, 7" PEPP FRESH BROTHERS WITH RAISELS	1 PIZZA	70	500	5.00	530	29	16.00	0.00	20	75.00	6.00	14.00	400	152.0	103.60	6.70
001151 .CHICKEN, POPCORN SMACKER W/WEDGES & BISCUIT	10 PIECES	90	514	8.50	1261	1	27.02	0.00	81	48.08	6.01	22.01	167	26.0	2.41	5.08
001153 .SANDWICH, SUB, TURKEY BREAST W/BAKED CHIPS	1 SERV	10	391	2.50	1056	6	9.52	0.00	48	52.50	5.00	30.75	175	175.0	1.20	3.88
001155 .SANDWICH, SUB, T. HAM W/BAKED CHIPS	1 SERV	10	410	4.00	1160	*6	12.50	0.00	72	53.50	5.00	27.50	175	175.0	1.20	1.86
001154 .SANDWICH, SUB, ITALIAN W/BAKED CHIPS	1 SERV	15	435	4.68	1250	*6	14.90	0.00	71	54.52	5.00	26.64	180	215.4	4.23	15.13
001173 .SUB-Y-WAY VEG BAR	SERV	35	17	0.04	44	2	0.30	0.00	0	3.23	1.06	0.76	740	15.7	12.72	0.39
001160 .SANDWICH, PANINI CHEESE W/SALAD	1 PANINI	10	360	8.79	734	*4	15.12	*0.00	41	37.38	4.76	24.50	7637	547.1	3.36	2.72

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Portion Values

Aug 23, 2017 thru Sep 1, 2017

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000747 .SANDWICH, PANINI HAM CHS W/SALAD	1 PANINI	25	299	3.47	807	*4	8.26	*0.00	41	36.87	4.76	24.91	7334	344.6	3.36	2.72
001163 .SANDWICH, PANINI TOMATO CHZ W/SALAD	1 PANINI	15	353	5.88	840	*4	13.10	*0.00	20	39.85	5.32	25.88	7866	567.4	9.30	3.06
000740 .SALAD, CAESAR, COMPLETE ENTREE	1 SALAD	15	605	6.72	1505	*4	34.40	*0.00	105	47.50	6.96	25.87	12505	171.6	5.64	4.14
000739 .SALAD, CHINESE CHICKEN, COMPLETE ENTREE	1 SALAD	20	547	5.60	1426	*14	30.07	0.00	46	49.58	6.34	17.04	12632	91.8	21.91	8.64
001143 .SALAD, BUFFALO, COMPLETE ENTREE	1 SALAD	5	499	5.60	957	*4	27.39	0.00	68	42.36	5.10	23.62	12634	159.6	8.07	4.12
000738 .SALAD, HOUSE W/EGG, COMPLETE ENTREE	1 SALAD	5	340	3.19	1320	*7	12.74	*0.00	194	40.96	6.60	15.11	14296	130.2	9.14	7.20
001167 .QUESADILLA GRILLED BUFFALO CHICKEN W/SALAD	1 QUESADILLA	10	521	7.36	797	2	24.11	*0.00	69	48.79	5.75	28.99	7586	366.9	4.36	4.61
001168 .QUESADILLA GRILLED PORK W/SALAD	1 QUESADILLA	20	444	7.84	476	*1	20.67	*0.00	71	35.28	4.75	29.86	7426	341.8	3.56	3.21
001164 .QUESADILLA GRILLED CHEESE W/SALAD	1 QUESADILLA	10	413	10.93	632	1	21.68	*0.00	47	36.30	4.75	20.57	7724	538.3	3.36	2.61
001169 .ORANGE CHICKEN W/BROWN RICE (S)	1 PAGODA PAIL	60	376	0.87	300	*11	4.89	0.00	40	65.58	4.42	17.10	1115	37.0	34.29	1.86
001142 .FRUIT & VEG BASKET, SEASONAL (LUNCH)	1/2 CUP	285	54	0.03	10	*7	0.15	0.00	0	13.96	1.94	0.54	*1526	*16.3	*16.00	*0.29
000270 .CORN, CANNED	CUP	100	110	0.40	336	7	2.00	0.00	0	23.52	3.28	3.76	75	4.9	2.95	0.44
000405 .FREEZIE, VARIETY	8 OZ	250	110	0.00	15	23	0.00	0.00	0	27.00	0.00	0.00	0	0.0	0.00	0.00
001176 RAISELS	BOX	275	140	0.00	0	27	0.00	0.00	0	34.00	1.00	1.00	0	2.0	100.00	4.00
001137 .JUICE, APPLE, CRTN SML, 4 FL OZ	1 CRTN	50	55	0.00	15	15	0.00	0.00	0	15.00	0.00	0.00	0	0.0	50.00	0.00
001139 .JUICE, ORANGE, CRTN SML, 4 FL OZ	1 CRTN	50	55	0.00	14	14	0.00	0.00	0	14.00	0.00	1.00	2	1.0	50.00	0.00

Base Menu Spreadsheet

Portion Values

Aug 23, 2017 thru Sep 1, 2017

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000723 .MILK, CARTON, WHITE, 1%	1 CRTN	50	120	1.50	150	*N/A*	2.50	0.00	10	14.00	0.00	10.00	500	350.0	2.40	0.00
000725 .MILK, CARTON, CHOC NONFAT	1 CRTN	250	120	0.00	150	*N/A*	0.00	0.00	0	22.00	0.00	8.00	500	300.0	1.80	0.00
000222 .KETCHUP, PACKET	PACKET	150	10	0.00	85	2	0.00	0.00	0	3.00	0.00	0.00	0	0.0	0.00	0.00
000223 MUSTARD: individual PC	Pkt 5g	150	3	0.01	55	0	0.17	0.00	0	0.29	0.20	0.19	5	3.2	0.02	0.08
000164 .SAUCE, BARBEQUE	1 SERV	75	72	0.03	463	*N/A*	0.15	*0.00	0	18.72	0.60	0.67	391	15.0	6.00	0.45
001007 .SALSA, LOW SODIUM, POUCH	2 TBSP	40	11	0.01	35	*N/A*	0.06	0.00	0	2.17	0.45	0.46	170	3.5	1.25	0.69
001177 .DRESSING, KEN'S LITE RANCH, 1OZ	1 OZ	200	71	1.01	243	1	7.09	0.00	5	1.01	0.00	1.01	5	20.2	0.00	0.00
Weighted Daily Average			778	6.19	1251	*46	21.90	*0.00	55	120.37	8.23	28.68	*4120	*384.7	*106.75	*7.42
% of Calories				7.16%		*23.7%	25.3%	*0.0%		61.9%		14.7%				
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0									

Thursday - 08/24/2017

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
001130 .SANDWICH, CHEESEBURGER WITH POTATO WEDGES (MCHS)	1 EACH	10	517	8.04	1194	4	23.05	0.00	65	47.69	5.06	32.95	165	173.2	2.45	5.40
001156 .SANDWICH, CHICKEN PATTY, W/POTATO WEDGES	1 SERV	35	549	4.00	1193	4	21.02	0.00	64	64.08	8.01	28.01	159	98.0	3.41	3.88
000946 .PIZZA, CHEESE WG PRIMO 16" & TOTS	1 SLICE	15	490	8.00	910	9	22.00	0.00	35	50.00	5.00	23.00	400	450.0	3.60	2.70
000948 .PIZZA, PEPP WG PRIMO 16" & TOTS	1 SLICE	15	500	8.00	970	9	22.00	0.00	40	50.00	5.00	23.00	400	400.0	3.60	2.70

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000348 .PIZZA, 7" CHS FRESH BROTHERS WITH RAISELS	1 PIZZA	35	470	4.00	400	29	13.00	0.00	15	75.00	6.00	12.00	400	102.0	103.60	6.70
000346 .PIZZA, 7" PEPP FRESH BROTHERS WITH RAISELS	1 PIZZA	70	500	5.00	530	29	16.00	0.00	20	75.00	6.00	14.00	400	152.0	103.60	6.70
001151 .CHICKEN, POPCORN SMACKER W/WEDGES & BISCUIT	10 PIECES	90	514	8.50	1261	1	27.02	0.00	81	48.08	6.01	22.01	167	26.0	2.41	5.08
001153 .SANDWICH, SUB, TURKEY BREAST W/BAKED CHIPS	1 SERV	10	391	2.50	1056	6	9.52	0.00	48	52.50	5.00	30.75	175	175.0	1.20	3.88
001155 .SANDWICH, SUB, T. HAM W/BAKED CHIPS	1 SERV	10	410	4.00	1160	*6	12.50	0.00	72	53.50	5.00	27.50	175	175.0	1.20	1.86
001154 .SANDWICH, SUB, ITALIAN W/BAKED CHIPS	1 SERV	15	435	4.68	1250	*6	14.90	0.00	71	54.52	5.00	26.64	180	215.4	4.23	15.13
001173 .SUB-Y-WAY VEG BAR	SERV	35	17	0.04	44	2	0.30	0.00	0	3.23	1.06	0.76	740	15.7	12.72	0.39
001160 .SANDWICH, PANINI CHEESE W/SALAD	1 PANINI	10	360	8.79	734	*4	15.12	*0.00	41	37.38	4.76	24.50	7637	547.1	3.36	2.72
000747 .SANDWICH, PANINI HAM CHS W/SALAD	1 PANINI	25	299	3.47	807	*4	8.26	*0.00	41	36.87	4.76	24.91	7334	344.6	3.36	2.72
001163 .SANDWICH, PANINI TOMATO CHZ W/SALAD	1 PANINI	15	353	5.88	840	*4	13.10	*0.00	20	39.85	5.32	25.88	7866	567.4	9.30	3.06
000740 .SALAD, CAESAR, COMPLETE ENTREE	1 SALAD	15	605	6.72	1505	*4	34.40	*0.00	105	47.50	6.96	25.87	12505	171.6	5.64	4.14
000739 .SALAD, CHINESE CHICKEN, COMPLETE ENTREE	1 SALAD	20	547	5.60	1426	*14	30.07	0.00	46	49.58	6.34	17.04	12632	91.8	21.91	8.64
001143 .SALAD, BUFFALO, COMPLETE ENTREE	1 SALAD	5	499	5.60	957	*4	27.39	0.00	68	42.36	5.10	23.62	12634	159.6	8.07	4.12
000738 .SALAD, HOUSE W/EGG, COMPLETE ENTREE	1 SALAD	5	340	3.19	1320	*7	12.74	*0.00	194	40.96	6.60	15.11	14296	130.2	9.14	7.20
001167 .QUESADILLA GRILLED BUFFALO CHICKEN W/SALAD	1 QUESADILLA	10	521	7.36	797	2	24.11	*0.00	69	48.79	5.75	28.99	7586	366.9	4.36	4.61
001168 .QUESADILLA GRILLED PORK W/SALAD	1 QUESADILLA	20	444	7.84	476	*1	20.67	*0.00	71	35.28	4.75	29.86	7426	341.8	3.56	3.21

Base Menu Spreadsheet

Portion Values

Aug 23, 2017 thru Sep 1, 2017

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
001164 .QUESADILLA GRILLED CHEESE W/SALAD	1 QUESADILLA	10	413	10.93	632	1	21.68	*0.00	47	36.30	4.75	20.57	7724	538.3	3.36	2.61
001169 .ORANGE CHICKEN W/BROWN RICE (S)	1 PAGODA PAIL	60	376	0.87	300	*11	4.89	0.00	40	65.58	4.42	17.10	1115	37.0	34.29	1.86
001142 .FRUIT & VEG BASKET, SEASONAL (LUNCH)	1/2 CUP	285	54	0.03	10	*7	0.15	0.00	0	13.96	1.94	0.54	*1526	*16.3	*16.00	*0.29
000270 .CORN, CANNED	CUP	100	110	0.40	336	7	2.00	0.00	0	23.52	3.28	3.76	75	4.9	2.95	0.44
000405 .FREEZIE, VARIETY	8 OZ	250	110	0.00	15	23	0.00	0.00	0	27.00	0.00	0.00	0	0.0	0.00	0.00
001176 RAISELS	BOX	275	140	0.00	0	27	0.00	0.00	0	34.00	1.00	1.00	0	2.0	100.00	4.00
001137 .JUICE, APPLE, CRTN SML, 4 FL OZ	1 CRTN	50	55	0.00	15	15	0.00	0.00	0	15.00	0.00	0.00	0	0.0	50.00	0.00
001139 .JUICE, ORANGE, CRTN SML, 4 FL OZ	1 CRTN	50	55	0.00	14	14	0.00	0.00	0	14.00	0.00	1.00	2	1.0	50.00	0.00
000723 .MILK, CARTON, WHITE, 1%	1 CRTN	50	120	1.50	150	*N/A*	2.50	0.00	10	14.00	0.00	10.00	500	350.0	2.40	0.00
000725 .MILK, CARTON, CHOC NONFAT	1 CRTN	250	120	0.00	150	*N/A*	0.00	0.00	0	22.00	0.00	8.00	500	300.0	1.80	0.00
000222 .KETCHUP, PACKET	PACKET	150	10	0.00	85	2	0.00	0.00	0	3.00	0.00	0.00	0	0.0	0.00	0.00
000223 MUSTARD: individual PC	Pkt 5g	150	3	0.01	55	0	0.17	0.00	0	0.29	0.20	0.19	5	3.2	0.02	0.08
000164 .SAUCE, BARBEQUE	1 SERV	75	72	0.03	463	*N/A*	0.15	*0.00	0	18.72	0.60	0.67	391	15.0	6.00	0.45
001007 .SALSA, LOW SODIUM, POUCH	2 TBSP	40	11	0.01	35	*N/A*	0.06	0.00	0	2.17	0.45	0.46	170	3.5	1.25	0.69
001177 .DRESSING, KEN'S LITE RANCH, 1OZ	1 OZ	200	71	1.01	243	1	7.09	0.00	5	1.01	0.00	1.01	5	20.2	0.00	0.00
Weighted Daily Average			778	6.19	1251	*46	21.90	*0.00	55	120.37	8.23	28.68	*4120	*384.7	*106.75	*7.42
% of Calories				7.16%		*23.7%	25.3%	*0.0%		61.9%		14.7%				
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0									

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Portion Values

Aug 23, 2017 thru Sep 1, 2017

Friday - 08/25/2017

Reimbursable Meal Total 500

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001130 .SANDWICH, CHEESEBURGER WITH POTATO WEDGES (MCHS)	1 EACH	10	517	8.04	1194	4	23.05	0.00	65	47.69	5.06	32.95	165	173.2	2.45	5.40
001156 .SANDWICH, CHICKEN PATTY, W/POTATO WEDGES	1 SERV	35	549	4.00	1193	4	21.02	0.00	64	64.08	8.01	28.01	159	98.0	3.41	3.88
000946 .PIZZA, CHEESE WG PRIMO 16" & TOTS	1 SLICE	15	490	8.00	910	9	22.00	0.00	35	50.00	5.00	23.00	400	450.0	3.60	2.70
000948 .PIZZA, PEPP WG PRIMO 16" & TOTS	1 SLICE	15	500	8.00	970	9	22.00	0.00	40	50.00	5.00	23.00	400	400.0	3.60	2.70
000348 .PIZZA, 7" CHS FRESH BROTHERS WITH RAISELS	1 PIZZA	35	470	4.00	400	29	13.00	0.00	15	75.00	6.00	12.00	400	102.0	103.60	6.70
000346 .PIZZA, 7" PEPP FRESH BROTHERS WITH RAISELS	1 PIZZA	70	500	5.00	530	29	16.00	0.00	20	75.00	6.00	14.00	400	152.0	103.60	6.70
001151 .CHICKEN, POPCORN SMACKER W/WEDGES & BISCUIT	10 PIECES	90	514	8.50	1261	1	27.02	0.00	81	48.08	6.01	22.01	167	26.0	2.41	5.08
001153 .SANDWICH, SUB, TURKEY BREAST W/BAKED CHIPS	1 SERV	10	391	2.50	1056	6	9.52	0.00	48	52.50	5.00	30.75	175	175.0	1.20	3.88
001155 .SANDWICH, SUB, T. HAM W/BAKED CHIPS	1 SERV	10	410	4.00	1160	*6	12.50	0.00	72	53.50	5.00	27.50	175	175.0	1.20	1.86
001154 .SANDWICH, SUB, ITALIAN W/BAKED CHIPS	1 SERV	15	435	4.68	1250	*6	14.90	0.00	71	54.52	5.00	26.64	180	215.4	4.23	15.13
001173 .SUB-Y-WAY VEG BAR	SERV	35	17	0.04	44	2	0.30	0.00	0	3.23	1.06	0.76	740	15.7	12.72	0.39
001160 .SANDWICH, PANINI CHEESE W/SALAD	1 PANINI	10	360	8.79	734	*4	15.12	*0.00	41	37.38	4.76	24.50	7637	547.1	3.36	2.72
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001163 .SANDWICH, PANINI TOMATO CHZ W/SALAD	1 PANINI	15	353	5.88	840	*4	13.10	*0.00	20	39.85	5.32	25.88	7866	567.4	9.30	3.06

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000740 .SALAD, CAESAR, COMPLETE ENTREE	1 SALAD	15	605	6.72	1505	*4	34.40	*0.00	105	47.50	6.96	25.87	12505	171.6	5.64	4.14
000739 .SALAD, CHINESE CHICKEN, COMPLETE ENTREE	1 SALAD	20	547	5.60	1426	*14	30.07	0.00	46	49.58	6.34	17.04	12632	91.8	21.91	8.64
001143 .SALAD, BUFFALO, COMPLETE ENTREE	1 SALAD	5	499	5.60	957	*4	27.39	0.00	68	42.36	5.10	23.62	12634	159.6	8.07	4.12
000738 .SALAD, HOUSE W/EGG, COMPLETE ENTREE	1 SALAD	5	340	3.19	1320	*7	12.74	*0.00	194	40.96	6.60	15.11	14296	130.2	9.14	7.20
001167 .QUESADILLA GRILLED BUFFALO CHICKEN W/SALAD	1 QUESADILLA	10	521	7.36	797	2	24.11	*0.00	69	48.79	5.75	28.99	7586	366.9	4.36	4.61
001168 .QUESADILLA GRILLED PORK W/SALAD	1 QUESADILLA	20	444	7.84	476	*1	20.67	*0.00	71	35.28	4.75	29.86	7426	341.8	3.56	3.21
001164 .QUESADILLA GRILLED CHEESE W/SALAD	1 QUESADILLA	10	413	10.93	632	1	21.68	*0.00	47	36.30	4.75	20.57	7724	538.3	3.36	2.61
001169 .ORANGE CHICKEN W/BROWN RICE (S)	1 PAGODA PAIL	60	376	0.87	300	*11	4.89	0.00	40	65.58	4.42	17.10	1115	37.0	34.29	1.86
001142 .FRUIT & VEG BASKET, SEASONAL (LUNCH)	1/2 CUP	285	54	0.03	10	*7	0.15	0.00	0	13.96	1.94	0.54	*1526	*16.3	*16.00	*0.29
000270 .CORN, CANNED	CUP	100	110	0.40	336	7	2.00	0.00	0	23.52	3.28	3.76	75	4.9	2.95	0.44
000405 .FREEZIE, VARIETY	8 OZ	250	110	0.00	15	23	0.00	0.00	0	27.00	0.00	0.00	0	0.0	0.00	0.00
001176 RAISELS	BOX	275	140	0.00	0	27	0.00	0.00	0	34.00	1.00	1.00	0	2.0	100.00	4.00
001137 .JUICE, APPLE, CRTN SML, 4 FL OZ	1 CRTN	50	55	0.00	15	15	0.00	0.00	0	15.00	0.00	0.00	0	0.0	50.00	0.00
001139 .JUICE, ORANGE, CRTN SML, 4 FL OZ	1 CRTN	50	55	0.00	14	14	0.00	0.00	0	14.00	0.00	1.00	2	1.0	50.00	0.00
000723 .MILK, CARTON, WHITE, 1%	1 CRTN	50	120	1.50	150	*N/A*	2.50	0.00	10	14.00	0.00	10.00	500	350.0	2.40	0.00
000725 .MILK, CARTON, CHOC NONFAT	1 CRTN	250	120	0.00	150	*N/A*	0.00	0.00	0	22.00	0.00	8.00	500	300.0	1.80	0.00
000222 .KETCHUP, PACKET	PACKET	150	10	0.00	85	2	0.00	0.00	0	3.00	0.00	0.00	0	0.0	0.00	0.00

Base Menu Spreadsheet

Portion Values

Aug 23, 2017 thru Sep 1, 2017

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000223 MUSTARD: individual PC	Pkt 5g	150	3	0.01	55	0	0.17	0.00	0	0.29	0.20	0.19	5	3.2	0.02	0.08
000164 .SAUCE, BARBEQUE	1 SERV	75	72	0.03	463	*N/A*	0.15	*0.00	0	18.72	0.60	0.67	391	15.0	6.00	0.45
001007 .SALSA, LOW SODIUM, POUCH	2 TBSP	40	11	0.01	35	*N/A*	0.06	0.00	0	2.17	0.45	0.46	170	3.5	1.25	0.69
001177 .DRESSING, KEN'S LITE RANCH, 1OZ	1 OZ	200	71	1.01	243	1	7.09	0.00	5	1.01	0.00	1.01	5	20.2	0.00	0.00
Weighted Daily Average			778	6.19	1251	*46	21.90	*0.00	55	120.37	8.23	28.68	*4120	*384.7	*106.75	*7.42
% of Calories				7.16%		*23.7%	25.3%	*0.0%		61.9%		14.7%				
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0									

Monday - 08/28/2017

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
001130 .SANDWICH, CHEESEBURGER WITH POTATO WEDGES (MCHS)	1 EACH	10	517	8.04	1194	4	23.05	0.00	65	47.69	5.06	32.95	165	173.2	2.45	5.40
001156 .SANDWICH, CHICKEN PATTY, W/POTATO WEDGES	1 SERV	35	549	4.00	1193	4	21.02	0.00	64	64.08	8.01	28.01	159	98.0	3.41	3.88
000946 .PIZZA, CHEESE WG PRIMO 16" & TOTS	1 SLICE	15	490	8.00	910	9	22.00	0.00	35	50.00	5.00	23.00	400	450.0	3.60	2.70
000948 .PIZZA, PEPP WG PRIMO 16" & TOTS	1 SLICE	15	500	8.00	970	9	22.00	0.00	40	50.00	5.00	23.00	400	400.0	3.60	2.70
000348 .PIZZA, 7" CHS FRESH BROTHERS WITH RAISELS	1 PIZZA	35	470	4.00	400	29	13.00	0.00	15	75.00	6.00	12.00	400	102.0	103.60	6.70
000346 .PIZZA, 7" PEPP FRESH BROTHERS WITH RAISELS	1 PIZZA	70	500	5.00	530	29	16.00	0.00	20	75.00	6.00	14.00	400	152.0	103.60	6.70
001151 .CHICKEN, POPCORN SMACKER W/WEDGES & BISCUIT	10 PIECES	90	514	8.50	1261	1	27.02	0.00	81	48.08	6.01	22.01	167	26.0	2.41	5.08

Base Menu Spreadsheet

Portion Values

Aug 23, 2017 thru Sep 1, 2017

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
001153 .SANDWICH, SUB, TURKEY BREAST W/BAKED CHIPS	1 SERV	10	391	2.50	1056	6	9.52	0.00	48	52.50	5.00	30.75	175	175.0	1.20	3.88
001155 .SANDWICH, SUB, T. HAM W/BAKED CHIPS	1 SERV	10	410	4.00	1160	*6	12.50	0.00	72	53.50	5.00	27.50	175	175.0	1.20	1.86
001154 .SANDWICH, SUB, ITALIAN W/BAKED CHIPS	1 SERV	15	435	4.68	1250	*6	14.90	0.00	71	54.52	5.00	26.64	180	215.4	4.23	15.13
001173 .SUB-Y-WAY VEG BAR	SERV	35	17	0.04	44	2	0.30	0.00	0	3.23	1.06	0.76	740	15.7	12.72	0.39
001160 .SANDWICH, PANINI CHEESE W/SALAD	1 PANINI	10	360	8.79	734	*4	15.12	*0.00	41	37.38	4.76	24.50	7637	547.1	3.36	2.72
000747 .SANDWICH, PANINI HAM CHS W/SALAD	1 PANINI	25	299	3.47	807	*4	8.26	*0.00	41	36.87	4.76	24.91	7334	344.6	3.36	2.72
001163 .SANDWICH, PANINI TOMATO CHZ W/SALAD	1 PANINI	15	353	5.88	840	*4	13.10	*0.00	20	39.85	5.32	25.88	7866	567.4	9.30	3.06
000740 .SALAD, CAESAR, COMPLETE ENTREE	1 SALAD	15	605	6.72	1505	*4	34.40	*0.00	105	47.50	6.96	25.87	12505	171.6	5.64	4.14
000739 .SALAD, CHINESE CHICKEN, COMPLETE ENTREE	1 SALAD	20	547	5.60	1426	*14	30.07	0.00	46	49.58	6.34	17.04	12632	91.8	21.91	8.64
001143 .SALAD, BUFFALO, COMPLETE ENTREE	1 SALAD	5	499	5.60	957	*4	27.39	0.00	68	42.36	5.10	23.62	12634	159.6	8.07	4.12
000738 .SALAD, HOUSE W/EGG, COMPLETE ENTREE	1 SALAD	5	340	3.19	1320	*7	12.74	*0.00	194	40.96	6.60	15.11	14296	130.2	9.14	7.20
001167 .QUESADILLA GRILLED BUFFALO CHICKEN W/SALAD	1 QUESADILLA	10	521	7.36	797	2	24.11	*0.00	69	48.79	5.75	28.99	7586	366.9	4.36	4.61
001168 .QUESADILLA GRILLED PORK W/SALAD	1 QUESADILLA	20	444	7.84	476	*1	20.67	*0.00	71	35.28	4.75	29.86	7426	341.8	3.56	3.21
001164 .QUESADILLA GRILLED CHEESE W/SALAD	1 QUESADILLA	10	413	10.93	632	1	21.68	*0.00	47	36.30	4.75	20.57	7724	538.3	3.36	2.61
001169 .ORANGE CHICKEN W/BROWN RICE (S)	1 PAGODA PAIL	60	376	0.87	300	*11	4.89	0.00	40	65.58	4.42	17.10	1115	37.0	34.29	1.86
001142 .FRUIT & VEG BASKET, SEASONAL (LUNCH)	1/2 CUP	285	54	0.03	10	*7	0.15	0.00	0	13.96	1.94	0.54	*1526	*16.3	*16.00	*0.29

Base Menu Spreadsheet

Portion Values

Aug 23, 2017 thru Sep 1, 2017

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000270 .CORN, CANNED	CUP	100	110	0.40	336	7	2.00	0.00	0	23.52	3.28	3.76	75	4.9	2.95	0.44
000405 .FREEZIE, VARIETY	8 OZ	250	110	0.00	15	23	0.00	0.00	0	27.00	0.00	0.00	0	0.0	0.00	0.00
001176 RAISELS	BOX	275	140	0.00	0	27	0.00	0.00	0	34.00	1.00	1.00	0	2.0	100.00	4.00
001137 .JUICE, APPLE, CRTN SML, 4 FL OZ	1 CRTN	50	55	0.00	15	15	0.00	0.00	0	15.00	0.00	0.00	0	0.0	50.00	0.00
001139 .JUICE, ORANGE, CRTN SML, 4 FL OZ	1 CRTN	50	55	0.00	14	14	0.00	0.00	0	14.00	0.00	1.00	2	1.0	50.00	0.00
000723 .MILK, CARTON, WHITE, 1%	1 CRTN	50	120	1.50	150	*N/A*	2.50	0.00	10	14.00	0.00	10.00	500	350.0	2.40	0.00
000725 .MILK, CARTON, CHOC NONFAT	1 CRTN	250	120	0.00	150	*N/A*	0.00	0.00	0	22.00	0.00	8.00	500	300.0	1.80	0.00
000222 .KETCHUP, PACKET	PACKET	150	10	0.00	85	2	0.00	0.00	0	3.00	0.00	0.00	0	0.0	0.00	0.00
000223 MUSTARD: individual PC	Pkt 5g	150	3	0.01	55	0	0.17	0.00	0	0.29	0.20	0.19	5	3.2	0.02	0.08
000164 .SAUCE, BARBEQUE	1 SERV	75	72	0.03	463	*N/A*	0.15	*0.00	0	18.72	0.60	0.67	391	15.0	6.00	0.45
001007 .SALSA, LOW SODIUM, POUCH	2 TBSP	40	11	0.01	35	*N/A*	0.06	0.00	0	2.17	0.45	0.46	170	3.5	1.25	0.69
001177 .DRESSING, KEN'S LITE RANCH, 1OZ	1 OZ	200	71	1.01	243	1	7.09	0.00	5	1.01	0.00	1.01	5	20.2	0.00	0.00
Weighted Daily Average			778	6.19	1251	*46	21.90	*0.00	55	120.37	8.23	28.68	*4120	*384.7	*106.75	*7.42
% of Calories				7.16%		*23.7%	25.3%	*0.0%		61.9%		14.7%				
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0									

Tuesday - 08/29/2017

Reimbursable Meal Total 500

Base Menu Spreadsheet

Portion Values

Aug 23, 2017 thru Sep 1, 2017

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990055 SANDWICH, HOT DOG, EISENBERG																
001130 .SANDWICH, CHEESEBURGER WITH POTATO WEDGES (MCHS)	1 EACH	10	517	8.04	1194	4	23.05	0.00	65	47.69	5.06	32.95	165	173.2	2.45	5.40
001156 .SANDWICH, CHICKEN PATTY, W/POTATO WEDGES	1 SERV	35	549	4.00	1193	4	21.02	0.00	64	64.08	8.01	28.01	159	98.0	3.41	3.88
000946 .PIZZA, CHEESE WG PRIMO 16" & TOTS	1 SLICE	15	490	8.00	910	9	22.00	0.00	35	50.00	5.00	23.00	400	450.0	3.60	2.70
000948 .PIZZA, PEPP WG PRIMO 16" & TOTS	1 SLICE	15	500	8.00	970	9	22.00	0.00	40	50.00	5.00	23.00	400	400.0	3.60	2.70
000348 .PIZZA, 7" CHS FRESH BROTHERS WITH RAISELS	1 PIZZA	35	470	4.00	400	29	13.00	0.00	15	75.00	6.00	12.00	400	102.0	103.60	6.70
000346 .PIZZA, 7" PEPP FRESH BROTHERS WITH RAISELS	1 PIZZA	70	500	5.00	530	29	16.00	0.00	20	75.00	6.00	14.00	400	152.0	103.60	6.70
001151 .CHICKEN, POPCORN SMACKER W/WEDGES & BISCUIT	10 PIECES	90	514	8.50	1261	1	27.02	0.00	81	48.08	6.01	22.01	167	26.0	2.41	5.08
001153 .SANDWICH, SUB, TURKEY BREAST W/BAKED CHIPS	1 SERV	10	391	2.50	1056	6	9.52	0.00	48	52.50	5.00	30.75	175	175.0	1.20	3.88
001155 .SANDWICH, SUB, T. HAM W/BAKED CHIPS	1 SERV	10	410	4.00	1160	*6	12.50	0.00	72	53.50	5.00	27.50	175	175.0	1.20	1.86
001154 .SANDWICH, SUB, ITALIAN W/BAKED CHIPS	1 SERV	15	435	4.68	1250	*6	14.90	0.00	71	54.52	5.00	26.64	180	215.4	4.23	15.13
001173 .SUB-Y-WAY VEG BAR	SERV	35	17	0.04	44	2	0.30	0.00	0	3.23	1.06	0.76	740	15.7	12.72	0.39
001160 .SANDWICH, PANINI CHEESE W/SALAD	1 PANINI	10	360	8.79	734	*4	15.12	*0.00	41	37.38	4.76	24.50	7637	547.1	3.36	2.72
000747 .SANDWICH, PANINI HAM CHS W/SALAD	1 PANINI	25	299	3.47	807	*4	8.26	*0.00	41	36.87	4.76	24.91	7334	344.6	3.36	2.72
001163 .SANDWICH, PANINI TOMATO CHZ W/SALAD	1 PANINI	15	353	5.88	840	*4	13.10	*0.00	20	39.85	5.32	25.88	7866	567.4	9.30	3.06
000740 .SALAD, CAESAR, COMPLETE ENTREE	1 SALAD	15	605	6.72	1505	*4	34.40	*0.00	105	47.50	6.96	25.87	12505	171.6	5.64	4.14

Base Menu Spreadsheet

Portion Values

Aug 23, 2017 thru Sep 1, 2017

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000739 .SALAD, CHINESE CHICKEN, COMPLETE ENTREE	1 SALAD	20	547	5.60	1426	*14	30.07	0.00	46	49.58	6.34	17.04	12632	91.8	21.91	8.64
001143 .SALAD, BUFFALO, COMPLETE ENTREE	1 SALAD	5	499	5.60	957	*4	27.39	0.00	68	42.36	5.10	23.62	12634	159.6	8.07	4.12
000738 .SALAD, HOUSE W/EGG, COMPLETE ENTREE	1 SALAD	5	340	3.19	1320	*7	12.74	*0.00	194	40.96	6.60	15.11	14296	130.2	9.14	7.20
001167 .QUESADILLA GRILLED BUFFALO CHICKEN W/SALAD	1 QUESADILLA	10	521	7.36	797	2	24.11	*0.00	69	48.79	5.75	28.99	7586	366.9	4.36	4.61
001168 .QUESADILLA GRILLED PORK W/SALAD	1 QUESADILLA	20	444	7.84	476	*1	20.67	*0.00	71	35.28	4.75	29.86	7426	341.8	3.56	3.21
001164 .QUESADILLA GRILLED CHEESE W/SALAD	1 QUESADILLA	10	413	10.93	632	1	21.68	*0.00	47	36.30	4.75	20.57	7724	538.3	3.36	2.61
001169 .ORANGE CHICKEN W/BROWN RICE (S)	1 PAGODA PAIL	60	376	0.87	300	*11	4.89	0.00	40	65.58	4.42	17.10	1115	37.0	34.29	1.86
001142 .FRUIT & VEG BASKET, SEASONAL (LUNCH)	1/2 CUP	285	54	0.03	10	*7	0.15	0.00	0	13.96	1.94	0.54	*1526	*16.3	*16.00	*0.29
000270 .CORN, CANNED	CUP	100	110	0.40	336	7	2.00	0.00	0	23.52	3.28	3.76	75	4.9	2.95	0.44
000405 .FREEZIE, VARIETY	8 OZ	250	110	0.00	15	23	0.00	0.00	0	27.00	0.00	0.00	0	0.0	0.00	0.00
001176 RAISELS	BOX	275	140	0.00	0	27	0.00	0.00	0	34.00	1.00	1.00	0	2.0	100.00	4.00
001137 .JUICE, APPLE, CRTN SML, 4 FL OZ	1 CRTN	50	55	0.00	15	15	0.00	0.00	0	15.00	0.00	0.00	0	0.0	50.00	0.00
001139 .JUICE, ORANGE, CRTN SML, 4 FL OZ	1 CRTN	50	55	0.00	14	14	0.00	0.00	0	14.00	0.00	1.00	2	1.0	50.00	0.00
000723 .MILK, CARTON, WHITE, 1%	1 CRTN	50	120	1.50	150	*N/A*	2.50	0.00	10	14.00	0.00	10.00	500	350.0	2.40	0.00
000725 .MILK, CARTON, CHOC NONFAT	1 CRTN	250	120	0.00	150	*N/A*	0.00	0.00	0	22.00	0.00	8.00	500	300.0	1.80	0.00
000222 .KETCHUP, PACKET	PACKET	150	10	0.00	85	2	0.00	0.00	0	3.00	0.00	0.00	0	0.0	0.00	0.00
000223 MUSTARD: individual PC	Pkt 5g	150	3	0.01	55	0	0.17	0.00	0	0.29	0.20	0.19	5	3.2	0.02	0.08

Base Menu Spreadsheet

Portion Values

Aug 23, 2017 thru Sep 1, 2017

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	
000164 .SAUCE, BARBEQUE	1 SERV		75	72	0.03	463	*N/A*	0.15	*0.00	0	18.72	0.60	0.67	391	15.0	6.00	0.45
001007 .SALSA, LOW SODIUM, POUCH	2 TBSP		40	11	0.01	35	*N/A*	0.06	0.00	0	2.17	0.45	0.46	170	3.5	1.25	0.69
001177 .DRESSING, KEN'S LITE RANCH, 1OZ	1 OZ		200	71	1.01	243	1	7.09	0.00	5	1.01	0.00	1.01	5	20.2	0.00	0.00
Weighted Daily Average				778	6.19	1251	*46	21.90	*0.00	55	120.37	8.23	28.68	*4120	*384.7	*106.75	*7.42
% of Calories					7.16%		*23.7%	25.3%	*0.0%		61.9%		14.7%				
Weekly Nutrient Guideline			750 - 850	<10	1420			<=0									

Wednesday - 08/30/2017

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	
990055 SANDWICH, HOT DOG, EISENBERG																	
001130 .SANDWICH, CHEESEBURGER WITH POTATO WEDGES (MCHS)	1 EACH		10	517	8.04	1194	4	23.05	0.00	65	47.69	5.06	32.95	165	173.2	2.45	5.40
001156 .SANDWICH, CHICKEN PATTY, W/POTATO WEDGES	1 SERV		35	549	4.00	1193	4	21.02	0.00	64	64.08	8.01	28.01	159	98.0	3.41	3.88
000946 .PIZZA, CHEESE WG PRIMO 16" & TOTS	1 SLICE		15	490	8.00	910	9	22.00	0.00	35	50.00	5.00	23.00	400	450.0	3.60	2.70
000948 .PIZZA, PEPP WG PRIMO 16" & TOTS	1 SLICE		15	500	8.00	970	9	22.00	0.00	40	50.00	5.00	23.00	400	400.0	3.60	2.70
000348 .PIZZA, 7" CHS FRESH BROTHERS WITH RAISELS	1 PIZZA		35	470	4.00	400	29	13.00	0.00	15	75.00	6.00	12.00	400	102.0	103.60	6.70
000346 .PIZZA, 7" PEPP FRESH BROTHERS WITH RAISELS	1 PIZZA		70	500	5.00	530	29	16.00	0.00	20	75.00	6.00	14.00	400	152.0	103.60	6.70
001151 .CHICKEN, POPCORN SMACKER W/WEDGES & BISCUIT	10 PIECES		90	514	8.50	1261	1	27.02	0.00	81	48.08	6.01	22.01	167	26.0	2.41	5.08

Base Menu Spreadsheet

Portion Values

Aug 23, 2017 thru Sep 1, 2017

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
001153 .SANDWICH, SUB, TURKEY BREAST W/BAKED CHIPS	1 SERV	10	391	2.50	1056	6	9.52	0.00	48	52.50	5.00	30.75	175	175.0	1.20	3.88
001155 .SANDWICH, SUB, T. HAM W/BAKED CHIPS	1 SERV	10	410	4.00	1160	*6	12.50	0.00	72	53.50	5.00	27.50	175	175.0	1.20	1.86
001154 .SANDWICH, SUB, ITALIAN W/BAKED CHIPS	1 SERV	15	435	4.68	1250	*6	14.90	0.00	71	54.52	5.00	26.64	180	215.4	4.23	15.13
001173 .SUB-Y-WAY VEG BAR	SERV	35	17	0.04	44	2	0.30	0.00	0	3.23	1.06	0.76	740	15.7	12.72	0.39
001160 .SANDWICH, PANINI CHEESE W/SALAD	1 PANINI	10	360	8.79	734	*4	15.12	*0.00	41	37.38	4.76	24.50	7637	547.1	3.36	2.72
000747 .SANDWICH, PANINI HAM CHS W/SALAD	1 PANINI	25	299	3.47	807	*4	8.26	*0.00	41	36.87	4.76	24.91	7334	344.6	3.36	2.72
001163 .SANDWICH, PANINI TOMATO CHZ W/SALAD	1 PANINI	15	353	5.88	840	*4	13.10	*0.00	20	39.85	5.32	25.88	7866	567.4	9.30	3.06
000740 .SALAD, CAESAR, COMPLETE ENTREE	1 SALAD	15	605	6.72	1505	*4	34.40	*0.00	105	47.50	6.96	25.87	12505	171.6	5.64	4.14
000739 .SALAD, CHINESE CHICKEN, COMPLETE ENTREE	1 SALAD	20	547	5.60	1426	*14	30.07	0.00	46	49.58	6.34	17.04	12632	91.8	21.91	8.64
001143 .SALAD, BUFFALO, COMPLETE ENTREE	1 SALAD	5	499	5.60	957	*4	27.39	0.00	68	42.36	5.10	23.62	12634	159.6	8.07	4.12
000738 .SALAD, HOUSE W/EGG, COMPLETE ENTREE	1 SALAD	5	340	3.19	1320	*7	12.74	*0.00	194	40.96	6.60	15.11	14296	130.2	9.14	7.20
001167 .QUESADILLA GRILLED BUFFALO CHICKEN W/SALAD	1 QUESADILLA	10	521	7.36	797	2	24.11	*0.00	69	48.79	5.75	28.99	7586	366.9	4.36	4.61
001168 .QUESADILLA GRILLED PORK W/SALAD	1 QUESADILLA	20	444	7.84	476	*1	20.67	*0.00	71	35.28	4.75	29.86	7426	341.8	3.56	3.21
001164 .QUESADILLA GRILLED CHEESE W/SALAD	1 QUESADILLA	10	413	10.93	632	1	21.68	*0.00	47	36.30	4.75	20.57	7724	538.3	3.36	2.61
001169 .ORANGE CHICKEN W/BROWN RICE (S)	1 PAGODA PAIL	60	376	0.87	300	*11	4.89	0.00	40	65.58	4.42	17.10	1115	37.0	34.29	1.86
001142 .FRUIT & VEG BASKET, SEASONAL (LUNCH)	1/2 CUP	285	54	0.03	10	*7	0.15	0.00	0	13.96	1.94	0.54	*1526	*16.3	*16.00	*0.29

Base Menu Spreadsheet

Portion Values

Aug 23, 2017 thru Sep 1, 2017

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000270 .CORN, CANNED	CUP	100	110	0.40	336	7	2.00	0.00	0	23.52	3.28	3.76	75	4.9	2.95	0.44
000405 .FREEZIE, VARIETY	8 OZ	250	110	0.00	15	23	0.00	0.00	0	27.00	0.00	0.00	0	0.0	0.00	0.00
001176 RAISELS	BOX	275	140	0.00	0	27	0.00	0.00	0	34.00	1.00	1.00	0	2.0	100.00	4.00
001137 .JUICE, APPLE, CRTN SML, 4 FL OZ	1 CRTN	50	55	0.00	15	15	0.00	0.00	0	15.00	0.00	0.00	0	0.0	50.00	0.00
001139 .JUICE, ORANGE, CRTN SML, 4 FL OZ	1 CRTN	50	55	0.00	14	14	0.00	0.00	0	14.00	0.00	1.00	2	1.0	50.00	0.00
000723 .MILK, CARTON, WHITE, 1%	1 CRTN	50	120	1.50	150	*N/A*	2.50	0.00	10	14.00	0.00	10.00	500	350.0	2.40	0.00
000725 .MILK, CARTON, CHOC NONFAT	1 CRTN	250	120	0.00	150	*N/A*	0.00	0.00	0	22.00	0.00	8.00	500	300.0	1.80	0.00
000222 .KETCHUP, PACKET	PACKET	150	10	0.00	85	2	0.00	0.00	0	3.00	0.00	0.00	0	0.0	0.00	0.00
000223 MUSTARD: individual PC	Pkt 5g	150	3	0.01	55	0	0.17	0.00	0	0.29	0.20	0.19	5	3.2	0.02	0.08
000164 .SAUCE, BARBEQUE	1 SERV	75	72	0.03	463	*N/A*	0.15	*0.00	0	18.72	0.60	0.67	391	15.0	6.00	0.45
001007 .SALSA, LOW SODIUM, POUCH	2 TBSP	40	11	0.01	35	*N/A*	0.06	0.00	0	2.17	0.45	0.46	170	3.5	1.25	0.69
001177 .DRESSING, KEN'S LITE RANCH, 1OZ	1 OZ	200	71	1.01	243	1	7.09	0.00	5	1.01	0.00	1.01	5	20.2	0.00	0.00
Weighted Daily Average			778	6.19	1251	*46	21.90	*0.00	55	120.37	8.23	28.68	*4120	*384.7	*106.75	*7.42
% of Calories				7.16%		*23.7%	25.3%	*0.0%		61.9%		14.7%				
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0									

Thursday - 08/31/2017

Reimbursable Meal Total 500

Base Menu Spreadsheet

Portion Values

Aug 23, 2017 thru Sep 1, 2017

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990055 SANDWICH, HOT DOG, EISENBERG																
001130 .SANDWICH, CHEESEBURGER WITH POTATO WEDGES (MCHS)	1 EACH	10	517	8.04	1194	4	23.05	0.00	65	47.69	5.06	32.95	165	173.2	2.45	5.40
001156 .SANDWICH, CHICKEN PATTY, W/POTATO WEDGES	1 SERV	35	549	4.00	1193	4	21.02	0.00	64	64.08	8.01	28.01	159	98.0	3.41	3.88
000946 .PIZZA, CHEESE WG PRIMO 16" & TOTS	1 SLICE	15	490	8.00	910	9	22.00	0.00	35	50.00	5.00	23.00	400	450.0	3.60	2.70
000948 .PIZZA, PEPP WG PRIMO 16" & TOTS	1 SLICE	15	500	8.00	970	9	22.00	0.00	40	50.00	5.00	23.00	400	400.0	3.60	2.70
000348 .PIZZA, 7" CHS FRESH BROTHERS WITH RAISELS	1 PIZZA	35	470	4.00	400	29	13.00	0.00	15	75.00	6.00	12.00	400	102.0	103.60	6.70
000346 .PIZZA, 7" PEPP FRESH BROTHERS WITH RAISELS	1 PIZZA	70	500	5.00	530	29	16.00	0.00	20	75.00	6.00	14.00	400	152.0	103.60	6.70
001151 .CHICKEN, POPCORN SMACKER W/WEDGES & BISCUIT	10 PIECES	90	514	8.50	1261	1	27.02	0.00	81	48.08	6.01	22.01	167	26.0	2.41	5.08
001153 .SANDWICH, SUB, TURKEY BREAST W/BAKED CHIPS	1 SERV	10	391	2.50	1056	6	9.52	0.00	48	52.50	5.00	30.75	175	175.0	1.20	3.88
001155 .SANDWICH, SUB, T. HAM W/BAKED CHIPS	1 SERV	10	410	4.00	1160	*6	12.50	0.00	72	53.50	5.00	27.50	175	175.0	1.20	1.86
001154 .SANDWICH, SUB, ITALIAN W/BAKED CHIPS	1 SERV	15	435	4.68	1250	*6	14.90	0.00	71	54.52	5.00	26.64	180	215.4	4.23	15.13
001173 .SUB-Y-WAY VEG BAR	SERV	35	17	0.04	44	2	0.30	0.00	0	3.23	1.06	0.76	740	15.7	12.72	0.39
001160 .SANDWICH, PANINI CHEESE W/SALAD	1 PANINI	10	360	8.79	734	*4	15.12	*0.00	41	37.38	4.76	24.50	7637	547.1	3.36	2.72
000747 .SANDWICH, PANINI HAM CHS W/SALAD	1 PANINI	25	299	3.47	807	*4	8.26	*0.00	41	36.87	4.76	24.91	7334	344.6	3.36	2.72
001163 .SANDWICH, PANINI TOMATO CHZ W/SALAD	1 PANINI	15	353	5.88	840	*4	13.10	*0.00	20	39.85	5.32	25.88	7866	567.4	9.30	3.06
000740 .SALAD, CAESAR, COMPLETE ENTREE	1 SALAD	15	605	6.72	1505	*4	34.40	*0.00	105	47.50	6.96	25.87	12505	171.6	5.64	4.14

Base Menu Spreadsheet

Portion Values

Aug 23, 2017 thru Sep 1, 2017

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000739 .SALAD, CHINESE CHICKEN, COMPLETE ENTREE	1 SALAD	20	547	5.60	1426	*14	30.07	0.00	46	49.58	6.34	17.04	12632	91.8	21.91	8.64
001143 .SALAD, BUFFALO, COMPLETE ENTREE	1 SALAD	5	499	5.60	957	*4	27.39	0.00	68	42.36	5.10	23.62	12634	159.6	8.07	4.12
000738 .SALAD, HOUSE W/EGG, COMPLETE ENTREE	1 SALAD	5	340	3.19	1320	*7	12.74	*0.00	194	40.96	6.60	15.11	14296	130.2	9.14	7.20
001167 .QUESADILLA GRILLED BUFFALO CHICKEN W/SALAD	1 QUESADILLA	10	521	7.36	797	2	24.11	*0.00	69	48.79	5.75	28.99	7586	366.9	4.36	4.61
001168 .QUESADILLA GRILLED PORK W/SALAD	1 QUESADILLA	20	444	7.84	476	*1	20.67	*0.00	71	35.28	4.75	29.86	7426	341.8	3.56	3.21
001164 .QUESADILLA GRILLED CHEESE W/SALAD	1 QUESADILLA	10	413	10.93	632	1	21.68	*0.00	47	36.30	4.75	20.57	7724	538.3	3.36	2.61
001169 .ORANGE CHICKEN W/BROWN RICE (S)	1 PAGODA PAIL	60	376	0.87	300	*11	4.89	0.00	40	65.58	4.42	17.10	1115	37.0	34.29	1.86
001142 .FRUIT & VEG BASKET, SEASONAL (LUNCH)	1/2 CUP	285	54	0.03	10	*7	0.15	0.00	0	13.96	1.94	0.54	*1526	*16.3	*16.00	*0.29
000270 .CORN, CANNED	CUP	100	110	0.40	336	7	2.00	0.00	0	23.52	3.28	3.76	75	4.9	2.95	0.44
000405 .FREEZIE, VARIETY	8 OZ	250	110	0.00	15	23	0.00	0.00	0	27.00	0.00	0.00	0	0.0	0.00	0.00
001176 RAISELS	BOX	275	140	0.00	0	27	0.00	0.00	0	34.00	1.00	1.00	0	2.0	100.00	4.00
001137 .JUICE, APPLE, CRTN SML, 4 FL OZ	1 CRTN	50	55	0.00	15	15	0.00	0.00	0	15.00	0.00	0.00	0	0.0	50.00	0.00
001139 .JUICE, ORANGE, CRTN SML, 4 FL OZ	1 CRTN	50	55	0.00	14	14	0.00	0.00	0	14.00	0.00	1.00	2	1.0	50.00	0.00
000723 .MILK, CARTON, WHITE, 1%	1 CRTN	50	120	1.50	150	*N/A*	2.50	0.00	10	14.00	0.00	10.00	500	350.0	2.40	0.00
000725 .MILK, CARTON, CHOC NONFAT	1 CRTN	250	120	0.00	150	*N/A*	0.00	0.00	0	22.00	0.00	8.00	500	300.0	1.80	0.00
000222 .KETCHUP, PACKET	PACKET	150	10	0.00	85	2	0.00	0.00	0	3.00	0.00	0.00	0	0.0	0.00	0.00
000223 MUSTARD: individual PC	Pkt 5g	150	3	0.01	55	0	0.17	0.00	0	0.29	0.20	0.19	5	3.2	0.02	0.08

Base Menu Spreadsheet

Portion Values

Aug 23, 2017 thru Sep 1, 2017

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000164 .SAUCE, BARBEQUE	1 SERV	75	72	0.03	463	*N/A*	0.15	*0.00	0	18.72	0.60	0.67	391	15.0	6.00	0.45
001007 .SALSA, LOW SODIUM, POUCH	2 TBSP	40	11	0.01	35	*N/A*	0.06	0.00	0	2.17	0.45	0.46	170	3.5	1.25	0.69
001177 .DRESSING, KEN'S LITE RANCH, 1OZ	1 OZ	200	71	1.01	243	1	7.09	0.00	5	1.01	0.00	1.01	5	20.2	0.00	0.00
Weighted Daily Average			778	6.19	1251	*46	21.90	*0.00	55	120.37	8.23	28.68	*4120	*384.7	*106.75	*7.42
% of Calories				7.16%		*23.7%	25.3%	*0.0%		61.9%		14.7%				
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0									

Friday - 09/01/2017

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
001130 .SANDWICH, CHEESEBURGER WITH POTATO WEDGES (MCHS)	1 EACH	10	517	8.04	1194	4	23.05	0.00	65	47.69	5.06	32.95	165	173.2	2.45	5.40
001156 .SANDWICH, CHICKEN PATTY, W/POTATO WEDGES	1 SERV	35	549	4.00	1193	4	21.02	0.00	64	64.08	8.01	28.01	159	98.0	3.41	3.88
000946 .PIZZA, CHEESE WG PRIMO 16" & TOTS	1 SLICE	15	490	8.00	910	9	22.00	0.00	35	50.00	5.00	23.00	400	450.0	3.60	2.70
000948 .PIZZA, PEPP WG PRIMO 16" & TOTS	1 SLICE	15	500	8.00	970	9	22.00	0.00	40	50.00	5.00	23.00	400	400.0	3.60	2.70
000348 .PIZZA, 7" CHS FRESH BROTHERS WITH RAISELS	1 PIZZA	35	470	4.00	400	29	13.00	0.00	15	75.00	6.00	12.00	400	102.0	103.60	6.70
000346 .PIZZA, 7" PEPP FRESH BROTHERS WITH RAISELS	1 PIZZA	70	500	5.00	530	29	16.00	0.00	20	75.00	6.00	14.00	400	152.0	103.60	6.70
001151 .CHICKEN, POPCORN SMACKER W/WEDGES & BISCUIT	10 PIECES	90	514	8.50	1261	1	27.02	0.00	81	48.08	6.01	22.01	167	26.0	2.41	5.08

Base Menu Spreadsheet

Portion Values

Aug 23, 2017 thru Sep 1, 2017

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
001153 .SANDWICH, SUB, TURKEY BREAST W/BAKED CHIPS	1 SERV	10	391	2.50	1056	6	9.52	0.00	48	52.50	5.00	30.75	175	175.0	1.20	3.88
001155 .SANDWICH, SUB, T. HAM W/BAKED CHIPS	1 SERV	10	410	4.00	1160	*6	12.50	0.00	72	53.50	5.00	27.50	175	175.0	1.20	1.86
001154 .SANDWICH, SUB, ITALIAN W/BAKED CHIPS	1 SERV	15	435	4.68	1250	*6	14.90	0.00	71	54.52	5.00	26.64	180	215.4	4.23	15.13
001173 .SUB-Y-WAY VEG BAR	SERV	35	17	0.04	44	2	0.30	0.00	0	3.23	1.06	0.76	740	15.7	12.72	0.39
001160 .SANDWICH, PANINI CHEESE W/SALAD	1 PANINI	10	360	8.79	734	*4	15.12	*0.00	41	37.38	4.76	24.50	7637	547.1	3.36	2.72
000747 .SANDWICH, PANINI HAM CHS W/SALAD	1 PANINI	25	299	3.47	807	*4	8.26	*0.00	41	36.87	4.76	24.91	7334	344.6	3.36	2.72
001163 .SANDWICH, PANINI TOMATO CHZ W/SALAD	1 PANINI	15	353	5.88	840	*4	13.10	*0.00	20	39.85	5.32	25.88	7866	567.4	9.30	3.06
000740 .SALAD, CAESAR, COMPLETE ENTREE	1 SALAD	15	605	6.72	1505	*4	34.40	*0.00	105	47.50	6.96	25.87	12505	171.6	5.64	4.14
000739 .SALAD, CHINESE CHICKEN, COMPLETE ENTREE	1 SALAD	20	547	5.60	1426	*14	30.07	0.00	46	49.58	6.34	17.04	12632	91.8	21.91	8.64
001143 .SALAD, BUFFALO, COMPLETE ENTREE	1 SALAD	5	499	5.60	957	*4	27.39	0.00	68	42.36	5.10	23.62	12634	159.6	8.07	4.12
000738 .SALAD, HOUSE W/EGG, COMPLETE ENTREE	1 SALAD	5	340	3.19	1320	*7	12.74	*0.00	194	40.96	6.60	15.11	14296	130.2	9.14	7.20
001167 .QUESADILLA GRILLED BUFFALO CHICKEN W/SALAD	1 QUESADILLA	10	521	7.36	797	2	24.11	*0.00	69	48.79	5.75	28.99	7586	366.9	4.36	4.61
001168 .QUESADILLA GRILLED PORK W/SALAD	1 QUESADILLA	20	444	7.84	476	*1	20.67	*0.00	71	35.28	4.75	29.86	7426	341.8	3.56	3.21
001164 .QUESADILLA GRILLED CHEESE W/SALAD	1 QUESADILLA	10	413	10.93	632	1	21.68	*0.00	47	36.30	4.75	20.57	7724	538.3	3.36	2.61
001169 .ORANGE CHICKEN W/BROWN RICE (S)	1 PAGODA PAIL	60	376	0.87	300	*11	4.89	0.00	40	65.58	4.42	17.10	1115	37.0	34.29	1.86
001142 .FRUIT & VEG BASKET, SEASONAL (LUNCH)	1/2 CUP	285	54	0.03	10	*7	0.15	0.00	0	13.96	1.94	0.54	*1526	*16.3	*16.00	*0.29

Base Menu Spreadsheet

Portion Values

Aug 23, 2017 thru Sep 1, 2017

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000270 .CORN, CANNED	CUP	100	110	0.40	336	7	2.00	0.00	0	23.52	3.28	3.76	75	4.9	2.95	0.44
000405 .FREEZIE, VARIETY	8 OZ	250	110	0.00	15	23	0.00	0.00	0	27.00	0.00	0.00	0	0.0	0.00	0.00
001176 RAISELS	BOX	275	140	0.00	0	27	0.00	0.00	0	34.00	1.00	1.00	0	2.0	100.00	4.00
001137 .JUICE, APPLE, CRTN SML, 4 FL OZ	1 CRTN	50	55	0.00	15	15	0.00	0.00	0	15.00	0.00	0.00	0	0.0	50.00	0.00
001139 .JUICE, ORANGE, CRTN SML, 4 FL OZ	1 CRTN	50	55	0.00	14	14	0.00	0.00	0	14.00	0.00	1.00	2	1.0	50.00	0.00
000723 .MILK, CARTON, WHITE, 1%	1 CRTN	50	120	1.50	150	*N/A*	2.50	0.00	10	14.00	0.00	10.00	500	350.0	2.40	0.00
000725 .MILK, CARTON, CHOC NONFAT	1 CRTN	250	120	0.00	150	*N/A*	0.00	0.00	0	22.00	0.00	8.00	500	300.0	1.80	0.00
000222 .KETCHUP, PACKET	PACKET	150	10	0.00	85	2	0.00	0.00	0	3.00	0.00	0.00	0	0.0	0.00	0.00
000223 MUSTARD: individual PC	Pkt 5g	150	3	0.01	55	0	0.17	0.00	0	0.29	0.20	0.19	5	3.2	0.02	0.08
000164 .SAUCE, BARBEQUE	1 SERV	75	72	0.03	463	*N/A*	0.15	*0.00	0	18.72	0.60	0.67	391	15.0	6.00	0.45
001007 .SALSA, LOW SODIUM, POUCH	2 TBSP	40	11	0.01	35	*N/A*	0.06	0.00	0	2.17	0.45	0.46	170	3.5	1.25	0.69
001177 .DRESSING, KEN'S LITE RANCH, 1OZ	1 OZ	200	71	1.01	243	1	7.09	0.00	5	1.01	0.00	1.01	5	20.2	0.00	0.00
Weighted Daily Average			778	6.19	1251	*46	21.90	*0.00	55	120.37	8.23	28.68	*4120	*384.7	*106.75	*7.42
% of Calories				7.16%		*23.7%	25.3%	*0.0%		61.9%		14.7%				
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0									

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes required nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.