

Base Menu Spreadsheet

Portion Values

Aug 23, 2017 thru Sep 1, 2017

Menu Name: MBMS Lunch Menu

Include Cost: No

Site:

Report Style: Detailed

Wednesday - 08/23/2017

Reimbursable Meal Total 350

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
001157 .SANDWICH, CHEESEBURGER W/TATOR TOTS	1 EACH	10	526	8.04	1072	4	24.03	0.00	65	45.61	5.05	32.94	165	173.2	3.64	4.32
000735 .SANDWICH, CHICKEN PATTY, W/TATOR TOTS	1 SERV	15	558	4.00	1071	4	22.00	0.00	64	62.00	8.00	28.00	159	98.0	4.60	2.80
001150 .CORN DOG, MINI CHIX W/TATOR TOTS	6 PIECES	35	400	4.50	720	5	18.00	0.00	40	46.00	7.00	12.00	25	150.0	3.60	1.80
000348 .PIZZA, 7" CHS FRESH BROTHERS WITH RAISELS	1 PIZZA	45	470	4.00	400	29	13.00	0.00	15	75.00	6.00	12.00	400	102.0	103.60	6.70
000346 .PIZZA, 7" PEPP FRESH BROTHERS WITH RAISELS	1 PIZZA	45	500	5.00	530	29	16.00	0.00	20	75.00	6.00	14.00	400	152.0	103.60	6.70
001151 .CHICKEN, POPCORN SMACKER W/WEDGES & BISCUIT	10 PIECES	100	514	8.50	1261	1	27.02	0.00	81	48.08	6.01	22.01	167	26.0	2.41	5.08
001160 .SANDWICH, PANINI CHEESE W/SALAD	1 PANINI	5	360	8.79	734	*4	15.12	*0.00	41	37.38	4.76	24.50	7637	547.1	3.36	2.72
000747 .SANDWICH, PANINI HAM CHS W/SALAD	1 PANINI	5	299	3.47	807	*4	8.26	*0.00	41	36.87	4.76	24.91	7334	344.6	3.36	2.72
001162 .SANDWICH, PANINI ITALIAN W/SALAD	1 PANINI	5	311	3.81	852	*4	9.46	*0.00	40	37.38	4.76	24.48	7336	364.8	4.88	9.35
001163 .SANDWICH, PANINI TOMATO CHZ W/SALAD	1 PANINI	5	353	5.88	840	*4	13.10	*0.00	20	39.85	5.32	25.88	7866	567.4	9.30	3.06
000740 .SALAD, CAESAR, COMPLETE ENTREE	1 SALAD	5	605	6.72	1505	*4	34.40	*0.00	105	47.50	6.96	25.87	12505	171.6	5.64	4.14
001143 .SALAD, BUFFALO, COMPLETE ENTREE	1 SALAD	5	499	5.60	957	*4	27.39	0.00	68	42.36	5.10	23.62	12634	159.6	8.07	4.12

Base Menu Spreadsheet

Portion Values

Aug 23, 2017 thru Sep 1, 2017

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000739 .SALAD, CHINESE CHICKEN, COMPLETE ENTREE	1 SALAD	5	547	5.60	1426	*14	30.07	0.00	46	49.58	6.34	17.04	12632	91.8	21.91	8.64
000738 .SALAD, HOUSE W/EGG, COMPLETE ENTREE	1 SALAD	5	340	3.19	1320	*7	12.74	*0.00	194	40.96	6.60	15.11	14296	130.2	9.14	7.20
001169 .ORANGE CHICKEN W/BROWN RICE (S)	1 PAGODA PAIL	60	376	0.87	300	*11	4.89	0.00	40	65.58	4.42	17.10	1115	37.0	34.29	1.86
001142 .FRUIT & VEG BASKET, SEASONAL (LUNCH)	1/2 CUP	200	54	0.03	10	*7	0.15	0.00	0	13.96	1.94	0.54	*1526	*16.3	*16.00	*0.29
000270 .CORN, CANNED	CUP	75	110	0.40	336	7	2.00	0.00	0	23.52	3.28	3.76	75	4.9	2.95	0.44
000405 .FREEZIE, VARIETY	8 OZ	100	110	0.00	15	23	0.00	0.00	0	27.00	0.00	0.00	0	0.0	0.00	0.00
001137 .JUICE, APPLE, CRTN SML, 4 FL OZ	1 CRTN	25	55	0.00	15	15	0.00	0.00	0	15.00	0.00	0.00	0	0.0	50.00	0.00
001139 .JUICE, ORANGE, CRTN SML, 4 FL OZ	1 CRTN	20	55	0.00	14	14	0.00	0.00	0	14.00	0.00	1.00	2	1.0	50.00	0.00
000723 .MILK, CARTON, WHITE, 1%	1 CRTN	25	120	1.50	150	*N/A*	2.50	0.00	10	14.00	0.00	10.00	500	350.0	2.40	0.00
000725 .MILK, CARTON, CHOC NONFAT	1 CRTN	150	120	0.00	150	*N/A*	0.00	0.00	0	22.00	0.00	8.00	500	300.0	1.80	0.00
000222 .KETCHUP, PACKET	PACKET	165	10	0.00	85	2	0.00	0.00	0	3.00	0.00	0.00	0	0.0	0.00	0.00
000223 MUSTARD: individual PC	Pkt 5g	150	3	0.01	55	0	0.17	0.00	0	0.29	0.20	0.19	5	3.2	0.02	0.08
Weighted Daily Average			621	5.42	1023	*26	18.63	*0.00	52	92.14	7.74	23.89	*2671	*269.9	*51.96	*4.81
% of Calories				7.86%		*16.7%	27.0%	*0.0%		59.3%		15.4%				
Weekly Nutrient Guideline			600 - 700	<10	1360		<=0									

Thursday - 08/24/2017

Reimbursable Meal Total 350

Base Menu Spreadsheet

Portion Values

Aug 23, 2017 thru Sep 1, 2017

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
001157 .SANDWICH, CHEESEBURGER W/TATOR TOTS	1 EACH	10	526	8.04	1072	4	24.03	0.00	65	45.61	5.05	32.94	165	173.2	3.64	4.32
000735 .SANDWICH, CHICKEN PATTY, W/TATOR TOTS	1 SERV	15	558	4.00	1071	4	22.00	0.00	64	62.00	8.00	28.00	159	98.0	4.60	2.80
001150 .CORN DOG, MINI CHIX W/TATOR TOTS	6 PIECES	35	400	4.50	720	5	18.00	0.00	40	46.00	7.00	12.00	25	150.0	3.60	1.80
000348 .PIZZA, 7" CHS FRESH BROTHERS WITH RAISELS	1 PIZZA	45	470	4.00	400	29	13.00	0.00	15	75.00	6.00	12.00	400	102.0	103.60	6.70
000346 .PIZZA, 7" PEPP FRESH BROTHERS WITH RAISELS	1 PIZZA	45	500	5.00	530	29	16.00	0.00	20	75.00	6.00	14.00	400	152.0	103.60	6.70
001151 .CHICKEN, POPCORN SMACKER W/WEDGES & BISCUIT	10 PIECES	100	514	8.50	1261	1	27.02	0.00	81	48.08	6.01	22.01	167	26.0	2.41	5.08
001160 .SANDWICH, PANINI CHEESE W/SALAD	1 PANINI	5	360	8.79	734	*4	15.12	*0.00	41	37.38	4.76	24.50	7637	547.1	3.36	2.72
000747 .SANDWICH, PANINI HAM CHS W/SALAD	1 PANINI	5	299	3.47	807	*4	8.26	*0.00	41	36.87	4.76	24.91	7334	344.6	3.36	2.72
001162 .SANDWICH, PANINI ITALIAN W/SALAD	1 PANINI	5	311	3.81	852	*4	9.46	*0.00	40	37.38	4.76	24.48	7336	364.8	4.88	9.35
001163 .SANDWICH, PANINI TOMATO CHZ W/SALAD	1 PANINI	5	353	5.88	840	*4	13.10	*0.00	20	39.85	5.32	25.88	7866	567.4	9.30	3.06
000740 .SALAD, CAESAR, COMPLETE ENTREE	1 SALAD	5	605	6.72	1505	*4	34.40	*0.00	105	47.50	6.96	25.87	12505	171.6	5.64	4.14
001143 .SALAD, BUFFALO, COMPLETE ENTREE	1 SALAD	5	499	5.60	957	*4	27.39	0.00	68	42.36	5.10	23.62	12634	159.6	8.07	4.12
000739 .SALAD, CHINESE CHICKEN, COMPLETE ENTREE	1 SALAD	5	547	5.60	1426	*14	30.07	0.00	46	49.58	6.34	17.04	12632	91.8	21.91	8.64
000738 .SALAD, HOUSE W/EGG, COMPLETE ENTREE	1 SALAD	5	340	3.19	1320	*7	12.74	*0.00	194	40.96	6.60	15.11	14296	130.2	9.14	7.20
001169 .ORANGE CHICKEN W/BROWN RICE (S)	1 PAGODA PAIL	60	376	0.87	300	*11	4.89	0.00	40	65.58	4.42	17.10	1115	37.0	34.29	1.86
001142 .FRUIT & VEG BASKET, SEASONAL (LUNCH)	1/2 CUP	200	54	0.03	10	*7	0.15	0.00	0	13.96	1.94	0.54	*1526	*16.3	*16.00	*0.29

Base Menu Spreadsheet

Portion Values

Aug 23, 2017 thru Sep 1, 2017

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000270 .CORN, CANNED	CUP	75	110	0.40	336	7	2.00	0.00	0	23.52	3.28	3.76	75	4.9	2.95	0.44
000405 .FREEZIE, VARIETY	8 OZ	100	110	0.00	15	23	0.00	0.00	0	27.00	0.00	0.00	0	0.0	0.00	0.00
001137 .JUICE, APPLE, CRTN SML, 4 FL OZ	1 CRTN	25	55	0.00	15	15	0.00	0.00	0	15.00	0.00	0.00	0	0.0	50.00	0.00
001139 .JUICE, ORANGE, CRTN SML, 4 FL OZ	1 CRTN	20	55	0.00	14	14	0.00	0.00	0	14.00	0.00	1.00	2	1.0	50.00	0.00
000723 .MILK, CARTON, WHITE, 1%	1 CRTN	25	120	1.50	150	*N/A*	2.50	0.00	10	14.00	0.00	10.00	500	350.0	2.40	0.00
000725 .MILK, CARTON, CHOC NONFAT	1 CRTN	150	120	0.00	150	*N/A*	0.00	0.00	0	22.00	0.00	8.00	500	300.0	1.80	0.00
000222 .KETCHUP, PACKET	PACKET	165	10	0.00	85	2	0.00	0.00	0	3.00	0.00	0.00	0	0.0	0.00	0.00
000223 MUSTARD: individual PC	Pkt 5g	150	3	0.01	55	0	0.17	0.00	0	0.29	0.20	0.19	5	3.2	0.02	0.08
Weighted Daily Average			621	5.42	1023	*26	18.63	*0.00	52	92.14	7.74	23.89	*2671	*269.9	*51.96	*4.81
% of Calories				7.86%		*16.7%	27.0%	*0.0%		59.3%		15.4%				
Weekly Nutrient Guideline			600 - 700	<10	1360		<=0									

Friday - 08/25/2017

Reimbursable Meal Total 350

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
001157 .SANDWICH, CHEESEBURGER W/TATOR TOTS	1 EACH	10	526	8.04	1072	4	24.03	0.00	65	45.61	5.05	32.94	165	173.2	3.64	4.32
000735 .SANDWICH, CHICKEN PATTY, W/TATOR TOTS	1 SERV	15	558	4.00	1071	4	22.00	0.00	64	62.00	8.00	28.00	159	98.0	4.60	2.80
001150 .CORN DOG, MINI CHIX W/TATOR TOTS	6 PIECES	35	400	4.50	720	5	18.00	0.00	40	46.00	7.00	12.00	25	150.0	3.60	1.80

Base Menu Spreadsheet

Portion Values

Aug 23, 2017 thru Sep 1, 2017

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000348 .PIZZA, 7" CHS FRESH BROTHERS WITH RAISELS	1 PIZZA	45	470	4.00	400	29	13.00	0.00	15	75.00	6.00	12.00	400	102.0	103.60	6.70
000346 .PIZZA, 7" PEPP FRESH BROTHERS WITH RAISELS	1 PIZZA	45	500	5.00	530	29	16.00	0.00	20	75.00	6.00	14.00	400	152.0	103.60	6.70
001151 .CHICKEN, POPCORN SMACKER W/WEDGES & BISCUIT	10 PIECES	100	514	8.50	1261	1	27.02	0.00	81	48.08	6.01	22.01	167	26.0	2.41	5.08
001160 .SANDWICH, PANINI CHEESE W/SALAD	1 PANINI	5	360	8.79	734	*4	15.12	*0.00	41	37.38	4.76	24.50	7637	547.1	3.36	2.72
000747 .SANDWICH, PANINI HAM CHS W/SALAD	1 PANINI	5	299	3.47	807	*4	8.26	*0.00	41	36.87	4.76	24.91	7334	344.6	3.36	2.72
001162 .SANDWICH, PANINI ITALIAN W/SALAD	1 PANINI	5	311	3.81	852	*4	9.46	*0.00	40	37.38	4.76	24.48	7336	364.8	4.88	9.35
001163 .SANDWICH, PANINI TOMATO CHZ W/SALAD	1 PANINI	5	353	5.88	840	*4	13.10	*0.00	20	39.85	5.32	25.88	7866	567.4	9.30	3.06
000740 .SALAD, CAESAR, COMPLETE ENTREE	1 SALAD	5	605	6.72	1505	*4	34.40	*0.00	105	47.50	6.96	25.87	12505	171.6	5.64	4.14
001143 .SALAD, BUFFALO, COMPLETE ENTREE	1 SALAD	5	499	5.60	957	*4	27.39	0.00	68	42.36	5.10	23.62	12634	159.6	8.07	4.12
000739 .SALAD, CHINESE CHICKEN, COMPLETE ENTREE	1 SALAD	5	547	5.60	1426	*14	30.07	0.00	46	49.58	6.34	17.04	12632	91.8	21.91	8.64
000738 .SALAD, HOUSE W/EGG, COMPLETE ENTREE	1 SALAD	5	340	3.19	1320	*7	12.74	*0.00	194	40.96	6.60	15.11	14296	130.2	9.14	7.20
001169 .ORANGE CHICKEN W/BROWN RICE (S)	1 PAGODA PAIL	60	376	0.87	300	*11	4.89	0.00	40	65.58	4.42	17.10	1115	37.0	34.29	1.86
001142 .FRUIT & VEG BASKET, SEASONAL (LUNCH)	1/2 CUP	200	54	0.03	10	*7	0.15	0.00	0	13.96	1.94	0.54	*1526	*16.3	*16.00	*0.29
000270 .CORN, CANNED	CUP	75	110	0.40	336	7	2.00	0.00	0	23.52	3.28	3.76	75	4.9	2.95	0.44
000405 .FREEZIE, VARIETY	8 OZ	100	110	0.00	15	23	0.00	0.00	0	27.00	0.00	0.00	0	0.0	0.00	0.00
001137 .JUICE, APPLE, CRTN SML, 4 FL OZ	1 CRTN	25	55	0.00	15	15	0.00	0.00	0	15.00	0.00	0.00	0	0.0	50.00	0.00

Base Menu Spreadsheet

Portion Values

Aug 23, 2017 thru Sep 1, 2017

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
001139 .JUICE, ORANGE, CRTN SML, 4 FL OZ	1 CRTN	20	55	0.00	14	14	0.00	0.00	0	14.00	0.00	1.00	2	1.0	50.00	0.00
000723 .MILK, CARTON, WHITE, 1%	1 CRTN	25	120	1.50	150	*N/A*	2.50	0.00	10	14.00	0.00	10.00	500	350.0	2.40	0.00
000725 .MILK, CARTON, CHOC NONFAT	1 CRTN	150	120	0.00	150	*N/A*	0.00	0.00	0	22.00	0.00	8.00	500	300.0	1.80	0.00
000222 .KETCHUP, PACKET	PACKET	165	10	0.00	85	2	0.00	0.00	0	3.00	0.00	0.00	0	0.0	0.00	0.00
000223 MUSTARD: individual PC	Pkt 5g	150	3	0.01	55	0	0.17	0.00	0	0.29	0.20	0.19	5	3.2	0.02	0.08
Weighted Daily Average			621	5.42	1023	*26	18.63	*0.00	52	92.14	7.74	23.89	*2671	*269.9	*51.96	*4.81
% of Calories				7.86%		*16.7%	27.0%	*0.0%		59.3%		15.4%				
Weekly Nutrient Guideline			600 - 700	<10	1360		<=0									

Monday - 08/28/2017

Reimbursable Meal Total 350

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
001157 .SANDWICH, CHEESEBURGER W/TATOR TOTS	1 EACH	10	526	8.04	1072	4	24.03	0.00	65	45.61	5.05	32.94	165	173.2	3.64	4.32
000735 .SANDWICH, CHICKEN PATTY, W/TATOR TOTS	1 SERV	15	558	4.00	1071	4	22.00	0.00	64	62.00	8.00	28.00	159	98.0	4.60	2.80
001150 .CORN DOG, MINI CHIX W/TATOR TOTS	6 PIECES	35	400	4.50	720	5	18.00	0.00	40	46.00	7.00	12.00	25	150.0	3.60	1.80
000348 .PIZZA, 7" CHS FRESH BROTHERS WITH RAISELS	1 PIZZA	45	470	4.00	400	29	13.00	0.00	15	75.00	6.00	12.00	400	102.0	103.60	6.70
000346 .PIZZA, 7" PEPP FRESH BROTHERS WITH RAISELS	1 PIZZA	45	500	5.00	530	29	16.00	0.00	20	75.00	6.00	14.00	400	152.0	103.60	6.70
001151 .CHICKEN, POPCORN SMACKER W/WEDGES & BISCUIT	10 PIECES	100	514	8.50	1261	1	27.02	0.00	81	48.08	6.01	22.01	167	26.0	2.41	5.08

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Aug 23, 2017 thru Sep 1, 2017

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001160 .SANDWICH, PANINI CHEESE W/SALAD	1 PANINI	5	360	8.79	734	*4	15.12	*0.00	41	37.38	4.76	24.50	7637	547.1	3.36	2.72
000747 .SANDWICH, PANINI HAM CHS W/SALAD	1 PANINI	5	299	3.47	807	*4	8.26	*0.00	41	36.87	4.76	24.91	7334	344.6	3.36	2.72
001162 .SANDWICH, PANINI ITALIAN W/SALAD	1 PANINI	5	311	3.81	852	*4	9.46	*0.00	40	37.38	4.76	24.48	7336	364.8	4.88	9.35
001163 .SANDWICH, PANINI TOMATO CHZ W/SALAD	1 PANINI	5	353	5.88	840	*4	13.10	*0.00	20	39.85	5.32	25.88	7866	567.4	9.30	3.06
000740 .SALAD, CAESAR, COMPLETE ENTREE	1 SALAD	5	605	6.72	1505	*4	34.40	*0.00	105	47.50	6.96	25.87	12505	171.6	5.64	4.14
001143 .SALAD, BUFFALO, COMPLETE ENTREE	1 SALAD	5	499	5.60	957	*4	27.39	0.00	68	42.36	5.10	23.62	12634	159.6	8.07	4.12
000739 .SALAD, CHINESE CHICKEN, COMPLETE ENTREE	1 SALAD	5	547	5.60	1426	*14	30.07	0.00	46	49.58	6.34	17.04	12632	91.8	21.91	8.64
000738 .SALAD, HOUSE W/EGG, COMPLETE ENTREE	1 SALAD	5	340	3.19	1320	*7	12.74	*0.00	194	40.96	6.60	15.11	14296	130.2	9.14	7.20
001169 .ORANGE CHICKEN W/BROWN RICE (S)	1 PAGODA PAIL	60	376	0.87	300	*11	4.89	0.00	40	65.58	4.42	17.10	1115	37.0	34.29	1.86
001142 .FRUIT & VEG BASKET, SEASONAL (LUNCH)	1/2 CUP	200	54	0.03	10	*7	0.15	0.00	0	13.96	1.94	0.54	*1526	*16.3	*16.00	*0.29
000270 .CORN, CANNED	CUP	75	110	0.40	336	7	2.00	0.00	0	23.52	3.28	3.76	75	4.9	2.95	0.44
000405 .FREEZIE, VARIETY	8 OZ	100	110	0.00	15	23	0.00	0.00	0	27.00	0.00	0.00	0	0.0	0.00	0.00
001137 .JUICE, APPLE, CRTN SML, 4 FL OZ	1 CRTN	25	55	0.00	15	15	0.00	0.00	0	15.00	0.00	0.00	0	0.0	50.00	0.00
001139 .JUICE, ORANGE, CRTN SML, 4 FL OZ	1 CRTN	20	55	0.00	14	14	0.00	0.00	0	14.00	0.00	1.00	2	1.0	50.00	0.00
000723 .MILK, CARTON, WHITE, 1%	1 CRTN	25	120	1.50	150	*N/A*	2.50	0.00	10	14.00	0.00	10.00	500	350.0	2.40	0.00
000725 .MILK, CARTON, CHOC NONFAT	1 CRTN	150	120	0.00	150	*N/A*	0.00	0.00	0	22.00	0.00	8.00	500	300.0	1.80	0.00
000222 .KETCHUP, PACKET	PACKET	165	10	0.00	85	2	0.00	0.00	0	3.00	0.00	0.00	0	0.0	0.00	0.00

Base Menu Spreadsheet

Portion Values

Aug 23, 2017 thru Sep 1, 2017

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000223 MUSTARD: individual PC	Pkt 5g	150	3	0.01	55	0	0.17	0.00	0	0.29	0.20	0.19	5	3.2	0.02	0.08
Weighted Daily Average			621	5.42	1023	*26	18.63	*0.00	52	92.14	7.74	23.89	*2671	*269.9	*51.96	*4.81
% of Calories				7.86%		*16.7%	27.0%	*0.0%		59.3%		15.4%				
Weekly Nutrient Guideline			600 - 700	<10	1360		<=0									

Tuesday - 08/29/2017

Reimbursable Meal Total 350

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
001157 .SANDWICH, CHEESEBURGER W/TATOR TOTS	1 EACH	10	526	8.04	1072	4	24.03	0.00	65	45.61	5.05	32.94	165	173.2	3.64	4.32
000735 .SANDWICH, CHICKEN PATTY, W/TATOR TOTS	1 SERV	15	558	4.00	1071	4	22.00	0.00	64	62.00	8.00	28.00	159	98.0	4.60	2.80
001150 .CORN DOG, MINI CHIX W/TATOR TOTS	6 PIECES	35	400	4.50	720	5	18.00	0.00	40	46.00	7.00	12.00	25	150.0	3.60	1.80
000348 .PIZZA, 7" CHS FRESH BROTHERS WITH RAISELS	1 PIZZA	45	470	4.00	400	29	13.00	0.00	15	75.00	6.00	12.00	400	102.0	103.60	6.70
000346 .PIZZA, 7" PEPP FRESH BROTHERS WITH RAISELS	1 PIZZA	45	500	5.00	530	29	16.00	0.00	20	75.00	6.00	14.00	400	152.0	103.60	6.70
001151 .CHICKEN, POPCORN SMACKER W/WEDGES & BISCUIT	10 PIECES	100	514	8.50	1261	1	27.02	0.00	81	48.08	6.01	22.01	167	26.0	2.41	5.08
001160 .SANDWICH, PANINI CHEESE W/SALAD	1 PANINI	5	360	8.79	734	*4	15.12	*0.00	41	37.38	4.76	24.50	7637	547.1	3.36	2.72
000747 .SANDWICH, PANINI HAM CHS W/SALAD	1 PANINI	5	299	3.47	807	*4	8.26	*0.00	41	36.87	4.76	24.91	7334	344.6	3.36	2.72
001162 .SANDWICH, PANINI ITALIAN W/SALAD	1 PANINI	5	311	3.81	852	*4	9.46	*0.00	40	37.38	4.76	24.48	7336	364.8	4.88	9.35

Base Menu Spreadsheet

Portion Values

Aug 23, 2017 thru Sep 1, 2017

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
001163 .SANDWICH, PANINI TOMATO CHZ W/SALAD	1 PANINI	5	353	5.88	840	*4	13.10	*0.00	20	39.85	5.32	25.88	7866	567.4	9.30	3.06
000740 .SALAD, CAESAR, COMPLETE ENTREE	1 SALAD	5	605	6.72	1505	*4	34.40	*0.00	105	47.50	6.96	25.87	12505	171.6	5.64	4.14
001143 .SALAD, BUFFALO, COMPLETE ENTREE	1 SALAD	5	499	5.60	957	*4	27.39	0.00	68	42.36	5.10	23.62	12634	159.6	8.07	4.12
000739 .SALAD, CHINESE CHICKEN, COMPLETE ENTREE	1 SALAD	5	547	5.60	1426	*14	30.07	0.00	46	49.58	6.34	17.04	12632	91.8	21.91	8.64
000738 .SALAD, HOUSE W/EGG, COMPLETE ENTREE	1 SALAD	5	340	3.19	1320	*7	12.74	*0.00	194	40.96	6.60	15.11	14296	130.2	9.14	7.20
001169 .ORANGE CHICKEN W/BROWN RICE (S)	1 PAGODA PAIL	60	376	0.87	300	*11	4.89	0.00	40	65.58	4.42	17.10	1115	37.0	34.29	1.86
001142 .FRUIT & VEG BASKET, SEASONAL (LUNCH)	1/2 CUP	200	54	0.03	10	*7	0.15	0.00	0	13.96	1.94	0.54	*1526	*16.3	*16.00	*0.29
000270 .CORN, CANNED	CUP	75	110	0.40	336	7	2.00	0.00	0	23.52	3.28	3.76	75	4.9	2.95	0.44
000405 .FREEZIE, VARIETY	8 OZ	100	110	0.00	15	23	0.00	0.00	0	27.00	0.00	0.00	0	0.0	0.00	0.00
001137 .JUICE, APPLE, CRTN SML, 4 FL OZ	1 CRTN	25	55	0.00	15	15	0.00	0.00	0	15.00	0.00	0.00	0	0.0	50.00	0.00
001139 .JUICE, ORANGE, CRTN SML, 4 FL OZ	1 CRTN	20	55	0.00	14	14	0.00	0.00	0	14.00	0.00	1.00	2	1.0	50.00	0.00
000723 .MILK, CARTON, WHITE, 1%	1 CRTN	25	120	1.50	150	*N/A*	2.50	0.00	10	14.00	0.00	10.00	500	350.0	2.40	0.00
000725 .MILK, CARTON, CHOC NONFAT	1 CRTN	150	120	0.00	150	*N/A*	0.00	0.00	0	22.00	0.00	8.00	500	300.0	1.80	0.00
000222 .KETCHUP, PACKET	PACKET	165	10	0.00	85	2	0.00	0.00	0	3.00	0.00	0.00	0	0.0	0.00	0.00

Base Menu Spreadsheet

Portion Values

Aug 23, 2017 thru Sep 1, 2017

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000223 MUSTARD: individual PC	Pkt 5g	150	3	0.01	55	0	0.17	0.00	0	0.29	0.20	0.19	5	3.2	0.02	0.08
Weighted Daily Average			621	5.42	1023	*26	18.63	*0.00	52	92.14	7.74	23.89	*2671	*269.9	*51.96	*4.81
% of Calories				7.86%		*16.7%	27.0%	*0.0%		59.3%		15.4%				
Weekly Nutrient Guideline			600 - 700	<10	1360		<=0									

Wednesday - 08/30/2017

Reimbursable Meal Total 350

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
001157 .SANDWICH, CHEESEBURGER W/TATOR TOTS	1 EACH	10	526	8.04	1072	4	24.03	0.00	65	45.61	5.05	32.94	165	173.2	3.64	4.32
000735 .SANDWICH, CHICKEN PATTY, W/TATOR TOTS	1 SERV	15	558	4.00	1071	4	22.00	0.00	64	62.00	8.00	28.00	159	98.0	4.60	2.80
001150 .CORN DOG, MINI CHIX W/TATOR TOTS	6 PIECES	35	400	4.50	720	5	18.00	0.00	40	46.00	7.00	12.00	25	150.0	3.60	1.80
000348 .PIZZA, 7" CHS FRESH BROTHERS WITH RAISELS	1 PIZZA	45	470	4.00	400	29	13.00	0.00	15	75.00	6.00	12.00	400	102.0	103.60	6.70
000346 .PIZZA, 7" PEPP FRESH BROTHERS WITH RAISELS	1 PIZZA	45	500	5.00	530	29	16.00	0.00	20	75.00	6.00	14.00	400	152.0	103.60	6.70
001151 .CHICKEN, POPCORN SMACKER W/WEDGES & BISCUIT	10 PIECES	100	514	8.50	1261	1	27.02	0.00	81	48.08	6.01	22.01	167	26.0	2.41	5.08
001160 .SANDWICH, PANINI CHEESE W/SALAD	1 PANINI	5	360	8.79	734	*4	15.12	*0.00	41	37.38	4.76	24.50	7637	547.1	3.36	2.72
000747 .SANDWICH, PANINI HAM CHS W/SALAD	1 PANINI	5	299	3.47	807	*4	8.26	*0.00	41	36.87	4.76	24.91	7334	344.6	3.36	2.72
001162 .SANDWICH, PANINI ITALIAN W/SALAD	1 PANINI	5	311	3.81	852	*4	9.46	*0.00	40	37.38	4.76	24.48	7336	364.8	4.88	9.35

Base Menu Spreadsheet

Portion Values

Aug 23, 2017 thru Sep 1, 2017

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
001163 .SANDWICH, PANINI TOMATO CHZ W/SALAD	1 PANINI	5	353	5.88	840	*4	13.10	*0.00	20	39.85	5.32	25.88	7866	567.4	9.30	3.06
000740 .SALAD, CAESAR, COMPLETE ENTREE	1 SALAD	5	605	6.72	1505	*4	34.40	*0.00	105	47.50	6.96	25.87	12505	171.6	5.64	4.14
001143 .SALAD, BUFFALO, COMPLETE ENTREE	1 SALAD	5	499	5.60	957	*4	27.39	0.00	68	42.36	5.10	23.62	12634	159.6	8.07	4.12
000739 .SALAD, CHINESE CHICKEN, COMPLETE ENTREE	1 SALAD	5	547	5.60	1426	*14	30.07	0.00	46	49.58	6.34	17.04	12632	91.8	21.91	8.64
000738 .SALAD, HOUSE W/EGG, COMPLETE ENTREE	1 SALAD	5	340	3.19	1320	*7	12.74	*0.00	194	40.96	6.60	15.11	14296	130.2	9.14	7.20
001169 .ORANGE CHICKEN W/BROWN RICE (S)	1 PAGODA PAIL	60	376	0.87	300	*11	4.89	0.00	40	65.58	4.42	17.10	1115	37.0	34.29	1.86
001142 .FRUIT & VEG BASKET, SEASONAL (LUNCH)	1/2 CUP	200	54	0.03	10	*7	0.15	0.00	0	13.96	1.94	0.54	*1526	*16.3	*16.00	*0.29
000270 .CORN, CANNED	CUP	75	110	0.40	336	7	2.00	0.00	0	23.52	3.28	3.76	75	4.9	2.95	0.44
000405 .FREEZIE, VARIETY	8 OZ	100	110	0.00	15	23	0.00	0.00	0	27.00	0.00	0.00	0	0.0	0.00	0.00
001137 .JUICE, APPLE, CRTN SML, 4 FL OZ	1 CRTN	25	55	0.00	15	15	0.00	0.00	0	15.00	0.00	0.00	0	0.0	50.00	0.00
001139 .JUICE, ORANGE, CRTN SML, 4 FL OZ	1 CRTN	20	55	0.00	14	14	0.00	0.00	0	14.00	0.00	1.00	2	1.0	50.00	0.00
000723 .MILK, CARTON, WHITE, 1%	1 CRTN	25	120	1.50	150	*N/A*	2.50	0.00	10	14.00	0.00	10.00	500	350.0	2.40	0.00
000725 .MILK, CARTON, CHOC NONFAT	1 CRTN	150	120	0.00	150	*N/A*	0.00	0.00	0	22.00	0.00	8.00	500	300.0	1.80	0.00
000222 .KETCHUP, PACKET	PACKET	165	10	0.00	85	2	0.00	0.00	0	3.00	0.00	0.00	0	0.0	0.00	0.00

Base Menu Spreadsheet

Portion Values

Aug 23, 2017 thru Sep 1, 2017

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000223 MUSTARD: individual PC	Pkt 5g	150	3	0.01	55	0	0.17	0.00	0	0.29	0.20	0.19	5	3.2	0.02	0.08
Weighted Daily Average			621	5.42	1023	*26	18.63	*0.00	52	92.14	7.74	23.89	*2671	*269.9	*51.96	*4.81
% of Calories				7.86%		*16.7%	27.0%	*0.0%		59.3%		15.4%				
Weekly Nutrient Guideline			600 - 700	<10	1360		<=0									

Thursday - 08/31/2017

Reimbursable Meal Total 350

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
001157 .SANDWICH, CHEESEBURGER W/TATOR TOTS	1 EACH	10	526	8.04	1072	4	24.03	0.00	65	45.61	5.05	32.94	165	173.2	3.64	4.32
000735 .SANDWICH, CHICKEN PATTY, W/TATOR TOTS	1 SERV	15	558	4.00	1071	4	22.00	0.00	64	62.00	8.00	28.00	159	98.0	4.60	2.80
001150 .CORN DOG, MINI CHIX W/TATOR TOTS	6 PIECES	35	400	4.50	720	5	18.00	0.00	40	46.00	7.00	12.00	25	150.0	3.60	1.80
000348 .PIZZA, 7" CHS FRESH BROTHERS WITH RAISELS	1 PIZZA	45	470	4.00	400	29	13.00	0.00	15	75.00	6.00	12.00	400	102.0	103.60	6.70
000346 .PIZZA, 7" PEPP FRESH BROTHERS WITH RAISELS	1 PIZZA	45	500	5.00	530	29	16.00	0.00	20	75.00	6.00	14.00	400	152.0	103.60	6.70
001151 .CHICKEN, POPCORN SMACKER W/WEDGES & BISCUIT	10 PIECES	100	514	8.50	1261	1	27.02	0.00	81	48.08	6.01	22.01	167	26.0	2.41	5.08
001160 .SANDWICH, PANINI CHEESE W/SALAD	1 PANINI	5	360	8.79	734	*4	15.12	*0.00	41	37.38	4.76	24.50	7637	547.1	3.36	2.72
000747 .SANDWICH, PANINI HAM CHS W/SALAD	1 PANINI	5	299	3.47	807	*4	8.26	*0.00	41	36.87	4.76	24.91	7334	344.6	3.36	2.72
001162 .SANDWICH, PANINI ITALIAN W/SALAD	1 PANINI	5	311	3.81	852	*4	9.46	*0.00	40	37.38	4.76	24.48	7336	364.8	4.88	9.35

Base Menu Spreadsheet

Portion Values

Aug 23, 2017 thru Sep 1, 2017

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
001163 .SANDWICH, PANINI TOMATO CHZ W/SALAD	1 PANINI	5	353	5.88	840	*4	13.10	*0.00	20	39.85	5.32	25.88	7866	567.4	9.30	3.06
000740 .SALAD, CAESAR, COMPLETE ENTREE	1 SALAD	5	605	6.72	1505	*4	34.40	*0.00	105	47.50	6.96	25.87	12505	171.6	5.64	4.14
001143 .SALAD, BUFFALO, COMPLETE ENTREE	1 SALAD	5	499	5.60	957	*4	27.39	0.00	68	42.36	5.10	23.62	12634	159.6	8.07	4.12
000739 .SALAD, CHINESE CHICKEN, COMPLETE ENTREE	1 SALAD	5	547	5.60	1426	*14	30.07	0.00	46	49.58	6.34	17.04	12632	91.8	21.91	8.64
000738 .SALAD, HOUSE W/EGG, COMPLETE ENTREE	1 SALAD	5	340	3.19	1320	*7	12.74	*0.00	194	40.96	6.60	15.11	14296	130.2	9.14	7.20
001169 .ORANGE CHICKEN W/BROWN RICE (S)	1 PAGODA PAIL	60	376	0.87	300	*11	4.89	0.00	40	65.58	4.42	17.10	1115	37.0	34.29	1.86
001142 .FRUIT & VEG BASKET, SEASONAL (LUNCH)	1/2 CUP	200	54	0.03	10	*7	0.15	0.00	0	13.96	1.94	0.54	*1526	*16.3	*16.00	*0.29
000270 .CORN, CANNED	CUP	75	110	0.40	336	7	2.00	0.00	0	23.52	3.28	3.76	75	4.9	2.95	0.44
000405 .FREEZIE, VARIETY	8 OZ	100	110	0.00	15	23	0.00	0.00	0	27.00	0.00	0.00	0	0.0	0.00	0.00
001137 .JUICE, APPLE, CRTN SML, 4 FL OZ	1 CRTN	25	55	0.00	15	15	0.00	0.00	0	15.00	0.00	0.00	0	0.0	50.00	0.00
001139 .JUICE, ORANGE, CRTN SML, 4 FL OZ	1 CRTN	20	55	0.00	14	14	0.00	0.00	0	14.00	0.00	1.00	2	1.0	50.00	0.00
000723 .MILK, CARTON, WHITE, 1%	1 CRTN	25	120	1.50	150	*N/A*	2.50	0.00	10	14.00	0.00	10.00	500	350.0	2.40	0.00
000725 .MILK, CARTON, CHOC NONFAT	1 CRTN	150	120	0.00	150	*N/A*	0.00	0.00	0	22.00	0.00	8.00	500	300.0	1.80	0.00
000222 .KETCHUP, PACKET	PACKET	165	10	0.00	85	2	0.00	0.00	0	3.00	0.00	0.00	0	0.0	0.00	0.00

Base Menu Spreadsheet

Portion Values

Aug 23, 2017 thru Sep 1, 2017

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000223 MUSTARD: individual PC	Pkt 5g	150	3	0.01	55	0	0.17	0.00	0	0.29	0.20	0.19	5	3.2	0.02	0.08
Weighted Daily Average			621	5.42	1023	*26	18.63	*0.00	52	92.14	7.74	23.89	*2671	*269.9	*51.96	*4.81
% of Calories				7.86%		*16.7%	27.0%	*0.0%		59.3%		15.4%				
Weekly Nutrient Guideline			600 - 700	<10	1360		<=0									

Friday - 09/01/2017

Reimbursable Meal Total 350

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
001157 .SANDWICH, CHEESEBURGER W/TATOR TOTS	1 EACH	10	526	8.04	1072	4	24.03	0.00	65	45.61	5.05	32.94	165	173.2	3.64	4.32
000735 .SANDWICH, CHICKEN PATTY, W/TATOR TOTS	1 SERV	15	558	4.00	1071	4	22.00	0.00	64	62.00	8.00	28.00	159	98.0	4.60	2.80
001150 .CORN DOG, MINI CHIX W/TATOR TOTS	6 PIECES	35	400	4.50	720	5	18.00	0.00	40	46.00	7.00	12.00	25	150.0	3.60	1.80
000348 .PIZZA, 7" CHS FRESH BROTHERS WITH RAISELS	1 PIZZA	45	470	4.00	400	29	13.00	0.00	15	75.00	6.00	12.00	400	102.0	103.60	6.70
000346 .PIZZA, 7" PEPP FRESH BROTHERS WITH RAISELS	1 PIZZA	45	500	5.00	530	29	16.00	0.00	20	75.00	6.00	14.00	400	152.0	103.60	6.70
001151 .CHICKEN, POPCORN SMACKER W/WEDGES & BISCUIT	10 PIECES	100	514	8.50	1261	1	27.02	0.00	81	48.08	6.01	22.01	167	26.0	2.41	5.08
001160 .SANDWICH, PANINI CHEESE W/SALAD	1 PANINI	5	360	8.79	734	*4	15.12	*0.00	41	37.38	4.76	24.50	7637	547.1	3.36	2.72
000747 .SANDWICH, PANINI HAM CHS W/SALAD	1 PANINI	5	299	3.47	807	*4	8.26	*0.00	41	36.87	4.76	24.91	7334	344.6	3.36	2.72
001162 .SANDWICH, PANINI ITALIAN W/SALAD	1 PANINI	5	311	3.81	852	*4	9.46	*0.00	40	37.38	4.76	24.48	7336	364.8	4.88	9.35

Base Menu Spreadsheet

Portion Values

Aug 23, 2017 thru Sep 1, 2017

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
001163 .SANDWICH, PANINI TOMATO CHZ W/SALAD	1 PANINI	5	353	5.88	840	*4	13.10	*0.00	20	39.85	5.32	25.88	7866	567.4	9.30	3.06
000740 .SALAD, CAESAR, COMPLETE ENTREE	1 SALAD	5	605	6.72	1505	*4	34.40	*0.00	105	47.50	6.96	25.87	12505	171.6	5.64	4.14
001143 .SALAD, BUFFALO, COMPLETE ENTREE	1 SALAD	5	499	5.60	957	*4	27.39	0.00	68	42.36	5.10	23.62	12634	159.6	8.07	4.12
000739 .SALAD, CHINESE CHICKEN, COMPLETE ENTREE	1 SALAD	5	547	5.60	1426	*14	30.07	0.00	46	49.58	6.34	17.04	12632	91.8	21.91	8.64
000738 .SALAD, HOUSE W/EGG, COMPLETE ENTREE	1 SALAD	5	340	3.19	1320	*7	12.74	*0.00	194	40.96	6.60	15.11	14296	130.2	9.14	7.20
001169 .ORANGE CHICKEN W/BROWN RICE (S)	1 PAGODA PAIL	60	376	0.87	300	*11	4.89	0.00	40	65.58	4.42	17.10	1115	37.0	34.29	1.86
001142 .FRUIT & VEG BASKET, SEASONAL (LUNCH)	1/2 CUP	200	54	0.03	10	*7	0.15	0.00	0	13.96	1.94	0.54	*1526	*16.3	*16.00	*0.29
000270 .CORN, CANNED	CUP	75	110	0.40	336	7	2.00	0.00	0	23.52	3.28	3.76	75	4.9	2.95	0.44
000405 .FREEZIE, VARIETY	8 OZ	100	110	0.00	15	23	0.00	0.00	0	27.00	0.00	0.00	0	0.0	0.00	0.00
001137 .JUICE, APPLE, CRTN SML, 4 FL OZ	1 CRTN	25	55	0.00	15	15	0.00	0.00	0	15.00	0.00	0.00	0	0.0	50.00	0.00
001139 .JUICE, ORANGE, CRTN SML, 4 FL OZ	1 CRTN	20	55	0.00	14	14	0.00	0.00	0	14.00	0.00	1.00	2	1.0	50.00	0.00
000723 .MILK, CARTON, WHITE, 1%	1 CRTN	25	120	1.50	150	*N/A*	2.50	0.00	10	14.00	0.00	10.00	500	350.0	2.40	0.00
000725 .MILK, CARTON, CHOC NONFAT	1 CRTN	150	120	0.00	150	*N/A*	0.00	0.00	0	22.00	0.00	8.00	500	300.0	1.80	0.00
000222 .KETCHUP, PACKET	PACKET	165	10	0.00	85	2	0.00	0.00	0	3.00	0.00	0.00	0	0.0	0.00	0.00

Base Menu Spreadsheet

Portion Values

Aug 23, 2017 thru Sep 1, 2017

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000223 MUSTARD: individual PC	Pkt 5g	150	3	0.01	55	0	0.17	0.00	0	0.29	0.20	0.19	5	3.2	0.02	0.08
Weighted Daily Average			621	5.42	1023	*26	18.63	*0.00	52	92.14	7.74	23.89	*2671	*269.9	*51.96	*4.81
% of Calories				7.86%		*16.7%	27.0%	*0.0%		59.3%		15.4%				
Weekly Nutrient Guideline			600 - 700	<10	1360		<=0									

- *N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient
- * - denotes combined nutrient totals with either missing or incomplete nutrient data
- ¹ - denotes required nutrient values
- ² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.