

Base Menu Spreadsheet

Portion Values

Aug 23, 2017 thru Sep 1, 2017

Menu Name: MBMS Breakfast Menu

Include Cost: No

Site:

Report Style: Detailed

Wednesday - 08/23/2017

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000929 .MINI-CINNIS, PILLSBURY, 33686	1 PACKAGE	60	240	2.00	300	15	8.00	0.00	0	40.00	2.00	5.00	75	40.0	0.00	1.44
000926 .MUFFIN, GC, BLUEBERRY 4oz	1 EACH	20	372	1.00	288	*N/A*	10.00	0.00	32	57.00	3.00	6.40	19	96.0	11.00	104.00
000927 .MUFFIN, GC, CHOC CHIP, 4oz	1 EACH	40	380	1.00	288	*N/A*	10.00	0.00	33	57.00	3.00	6.67	40	100.0	0.20	104.00
000115 .PIZZA, BREAKFAST BAGEL	1 EACH	40	192	3.01	363	4	5.71	0.00	15	23.16	1.80	11.65	73	217.0	3.80	1.59
000917 .BAGEL, TONY ROBERTS, WHITE WG	1 BAGEL	1	217	0.09	230	4	0.82	0.00	0	44.60	4.36	7.80	20	18.0	0.00	2.70
001141 .CHEESE, CREAM CHEESE, SINGLE CUPS	1 EACH	1	99	6.00	84	*N/A*	10.00	0.00	31	1.00	0.00	2.00	8	2.0	0.00	2.00
001187 .CEREAL, MARSHMALLOW MATEYS, 2OZ, (S)	BOWL	1	220	0.00	380	24	2.00	0.00	0	46.00	2.00	4.00	20	20.0	20.00	100.00
001149 .FRUIT BASKET, SEASONAL (BKFST)	1/2 cup	100	50	0.02	1	*7	0.14	0.00	0	13.10	1.64	0.47	*60	*12.9	*15.71	*0.20
001139 .JUICE, ORANGE, CRTN SML, 4 FL OZ	1 CRTN	100	55	0.00	14	14	0.00	0.00	0	14.00	0.00	1.00	2	1.0	50.00	0.00
001137 .JUICE, APPLE, CRTN SML, 4 FL OZ	1 CRTN	25	55	0.00	15	15	0.00	0.00	0	15.00	0.00	0.00	0	0.0	50.00	0.00
000725 .MILK, CARTON, CHOC NONFAT	1 CRTN	100	120	0.00	150	*N/A*	0.00	0.00	0	22.00	0.00	8.00	500	300.0	1.80	0.00

Base Menu Spreadsheet

Portion Values

Aug 23, 2017 thru Sep 1, 2017

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000723 .MILK, CARTON, WHITE, 1%	1 CRTN	25	120	1.50	150	*N/A*	2.50	0.00	10	14.00	0.00	10.00	500	350.0	2.40	0.00
Weighted Daily Average			361	1.73	356	*18	6.99	0.00	14	62.36	2.71	11.86	*391	*285.9	*42.31	*32.57
% of Calories				4.31%		*19.9%	17.4%	0.0%		69.1%		13.1%				
Weekly Nutrient Guideline			400 - 550	<10	600		<=0									

Thursday - 08/24/2017

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000929 .MINI-CINNIS, PILLSBURY, 33686	1 PACKAGE	60	240	2.00	300	15	8.00	0.00	0	40.00	2.00	5.00	75	40.0	0.00	1.44
000926 .MUFFIN, GC, BLUEBERRY 4oz	1 EACH	20	372	1.00	288	*N/A*	10.00	0.00	32	57.00	3.00	6.40	19	96.0	11.00	104.00
000927 .MUFFIN, GC, CHOC CHIP, 4oz	1 EACH	40	380	1.00	288	*N/A*	10.00	0.00	33	57.00	3.00	6.67	40	100.0	0.20	104.00
000115 .PIZZA, BREAKFAST BAGEL	1 EACH	40	192	3.01	363	4	5.71	0.00	15	23.16	1.80	11.65	73	217.0	3.80	1.59
000917 .BAGEL, TONY ROBERTS, WHITE WG	1 BAGEL	1	217	0.09	230	4	0.82	0.00	0	44.60	4.36	7.80	20	18.0	0.00	2.70
001141 .CHEESE, CREAM CHEESE, SINGLE CUPS	1 EACH	1	99	6.00	84	*N/A*	10.00	0.00	31	1.00	0.00	2.00	8	2.0	0.00	2.00
001187 .CEREAL, MARSHMALLOW MATEYS, 2OZ, (S)	BOWL	1	220	0.00	380	24	2.00	0.00	0	46.00	2.00	4.00	20	20.0	20.00	100.00
001149 .FRUIT BASKET, SEASONAL (BKFST)	1/2 cup	100	50	0.02	1	*7	0.14	0.00	0	13.10	1.64	0.47	*60	*12.9	*15.71	*0.20
001139 .JUICE, ORANGE, CRTN SML, 4 FL OZ	1 CRTN	100	55	0.00	14	14	0.00	0.00	0	14.00	0.00	1.00	2	1.0	50.00	0.00
001137 .JUICE, APPLE, CRTN SML, 4 FL OZ	1 CRTN	25	55	0.00	15	15	0.00	0.00	0	15.00	0.00	0.00	0	0.0	50.00	0.00
000725 .MILK, CARTON, CHOC NONFAT	1 CRTN	100	120	0.00	150	*N/A*	0.00	0.00	0	22.00	0.00	8.00	500	300.0	1.80	0.00

Base Menu Spreadsheet

Portion Values

Aug 23, 2017 thru Sep 1, 2017

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000723 .MILK, CARTON, WHITE, 1%	1 CRTN	25	120	1.50	150	*N/A*	2.50	0.00	10	14.00	0.00	10.00	500	350.0	2.40	0.00
Weighted Daily Average			361	1.73	356	*18	6.99	0.00	14	62.36	2.71	11.86	*391	*285.9	*42.31	*32.57
% of Calories				4.31%		*19.9%	17.4%	0.0%		69.1%		13.1%				
Weekly Nutrient Guideline			400 - 550	<10	600		<=0									

Friday - 08/25/2017

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000929 .MINI-CINNIS, PILLSBURY, 33686	1 PACKAGE	60	240	2.00	300	15	8.00	0.00	0	40.00	2.00	5.00	75	40.0	0.00	1.44
000926 .MUFFIN, GC, BLUEBERRY 4oz	1 EACH	20	372	1.00	288	*N/A*	10.00	0.00	32	57.00	3.00	6.40	19	96.0	11.00	104.00
000927 .MUFFIN, GC, CHOC CHIP, 4oz	1 EACH	40	380	1.00	288	*N/A*	10.00	0.00	33	57.00	3.00	6.67	40	100.0	0.20	104.00
000115 .PIZZA, BREAKFAST BAGEL	1 EACH	40	192	3.01	363	4	5.71	0.00	15	23.16	1.80	11.65	73	217.0	3.80	1.59
000917 .BAGEL, TONY ROBERTS, WHITE WG	1 BAGEL	1	217	0.09	230	4	0.82	0.00	0	44.60	4.36	7.80	20	18.0	0.00	2.70
001141 .CHEESE, CREAM CHEESE, SINGLE CUPS	1 EACH	1	99	6.00	84	*N/A*	10.00	0.00	31	1.00	0.00	2.00	8	2.0	0.00	2.00
001187 .CEREAL, MARSHMALLOW MATEYS, 2OZ, (S)	BOWL	1	220	0.00	380	24	2.00	0.00	0	46.00	2.00	4.00	20	20.0	20.00	100.00
001149 .FRUIT BASKET, SEASONAL (BKFST)	1/2 cup	100	50	0.02	1	*7	0.14	0.00	0	13.10	1.64	0.47	*60	*12.9	*15.71	*0.20
001139 .JUICE, ORANGE, CRTN SML, 4 FL OZ	1 CRTN	100	55	0.00	14	14	0.00	0.00	0	14.00	0.00	1.00	2	1.0	50.00	0.00
001137 .JUICE, APPLE, CRTN SML, 4 FL OZ	1 CRTN	25	55	0.00	15	15	0.00	0.00	0	15.00	0.00	0.00	0	0.0	50.00	0.00
000725 .MILK, CARTON, CHOC NONFAT	1 CRTN	100	120	0.00	150	*N/A*	0.00	0.00	0	22.00	0.00	8.00	500	300.0	1.80	0.00

Base Menu Spreadsheet

Portion Values

Aug 23, 2017 thru Sep 1, 2017

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000723 .MILK, CARTON, WHITE, 1%	1 CRTN	25	120	1.50	150	*N/A*	2.50	0.00	10	14.00	0.00	10.00	500	350.0	2.40	0.00
Weighted Daily Average			361	1.73	356	*18	6.99	0.00	14	62.36	2.71	11.86	*391	*285.9	*42.31	*32.57
% of Calories				4.31%		*19.9%	17.4%	0.0%		69.1%		13.1%				
Weekly Nutrient Guideline			400 - 550	<10	600		<=0									

Monday - 08/28/2017

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000929 .MINI-CINNIS, PILLSBURY, 33686	1 PACKAGE	60	240	2.00	300	15	8.00	0.00	0	40.00	2.00	5.00	75	40.0	0.00	1.44
000926 .MUFFIN, GC, BLUEBERRY 4oz	1 EACH	20	372	1.00	288	*N/A*	10.00	0.00	32	57.00	3.00	6.40	19	96.0	11.00	104.00
000927 .MUFFIN, GC, CHOC CHIP, 4oz	1 EACH	40	380	1.00	288	*N/A*	10.00	0.00	33	57.00	3.00	6.67	40	100.0	0.20	104.00
000115 .PIZZA, BREAKFAST BAGEL	1 EACH	40	192	3.01	363	4	5.71	0.00	15	23.16	1.80	11.65	73	217.0	3.80	1.59
000917 .BAGEL, TONY ROBERTS, WHITE WG	1 BAGEL	1	217	0.09	230	4	0.82	0.00	0	44.60	4.36	7.80	20	18.0	0.00	2.70
001141 .CHEESE, CREAM CHEESE, SINGLE CUPS	1 EACH	1	99	6.00	84	*N/A*	10.00	0.00	31	1.00	0.00	2.00	8	2.0	0.00	2.00
001187 .CEREAL, MARSHMALLOW MATEYS, 2OZ, (S)	BOWL	1	220	0.00	380	24	2.00	0.00	0	46.00	2.00	4.00	20	20.0	20.00	100.00
001149 .FRUIT BASKET, SEASONAL (BKFST)	1/2 cup	100	50	0.02	1	*7	0.14	0.00	0	13.10	1.64	0.47	*60	*12.9	*15.71	*0.20
001139 .JUICE, ORANGE, CRTN SML, 4 FL OZ	1 CRTN	100	55	0.00	14	14	0.00	0.00	0	14.00	0.00	1.00	2	1.0	50.00	0.00
001137 .JUICE, APPLE, CRTN SML, 4 FL OZ	1 CRTN	25	55	0.00	15	15	0.00	0.00	0	15.00	0.00	0.00	0	0.0	50.00	0.00
000725 .MILK, CARTON, CHOC NONFAT	1 CRTN	100	120	0.00	150	*N/A*	0.00	0.00	0	22.00	0.00	8.00	500	300.0	1.80	0.00

Base Menu Spreadsheet

Portion Values

Aug 23, 2017 thru Sep 1, 2017

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000723 .MILK, CARTON, WHITE, 1%	1 CRTN	25	120	1.50	150	*N/A*	2.50	0.00	10	14.00	0.00	10.00	500	350.0	2.40	0.00
Weighted Daily Average			361	1.73	356	*18	6.99	0.00	14	62.36	2.71	11.86	*391	*285.9	*42.31	*32.57
% of Calories				4.31%		*19.9%	17.4%	0.0%		69.1%		13.1%				
Weekly Nutrient Guideline			400 - 550	<10	600		<=0									

Tuesday - 08/29/2017

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000929 .MINI-CINNIS, PILLSBURY, 33686	1 PACKAGE	60	240	2.00	300	15	8.00	0.00	0	40.00	2.00	5.00	75	40.0	0.00	1.44
000926 .MUFFIN, GC, BLUEBERRY 4oz	1 EACH	20	372	1.00	288	*N/A*	10.00	0.00	32	57.00	3.00	6.40	19	96.0	11.00	104.00
000927 .MUFFIN, GC, CHOC CHIP, 4oz	1 EACH	40	380	1.00	288	*N/A*	10.00	0.00	33	57.00	3.00	6.67	40	100.0	0.20	104.00
000115 .PIZZA, BREAKFAST BAGEL	1 EACH	40	192	3.01	363	4	5.71	0.00	15	23.16	1.80	11.65	73	217.0	3.80	1.59
000917 .BAGEL, TONY ROBERTS, WHITE WG	1 BAGEL	1	217	0.09	230	4	0.82	0.00	0	44.60	4.36	7.80	20	18.0	0.00	2.70
001141 .CHEESE, CREAM CHEESE, SINGLE CUPS	1 EACH	1	99	6.00	84	*N/A*	10.00	0.00	31	1.00	0.00	2.00	8	2.0	0.00	2.00
001187 .CEREAL, MARSHMALLOW MATEYS, 2OZ, (S)	BOWL	1	220	0.00	380	24	2.00	0.00	0	46.00	2.00	4.00	20	20.0	20.00	100.00
001149 .FRUIT BASKET, SEASONAL (BKFST)	1/2 cup	100	50	0.02	1	*7	0.14	0.00	0	13.10	1.64	0.47	*60	*12.9	*15.71	*0.20
001139 .JUICE, ORANGE, CRTN SML, 4 FL OZ	1 CRTN	100	55	0.00	14	14	0.00	0.00	0	14.00	0.00	1.00	2	1.0	50.00	0.00
001137 .JUICE, APPLE, CRTN SML, 4 FL OZ	1 CRTN	25	55	0.00	15	15	0.00	0.00	0	15.00	0.00	0.00	0	0.0	50.00	0.00
000725 .MILK, CARTON, CHOC NONFAT	1 CRTN	100	120	0.00	150	*N/A*	0.00	0.00	0	22.00	0.00	8.00	500	300.0	1.80	0.00

Base Menu Spreadsheet

Portion Values

Aug 23, 2017 thru Sep 1, 2017

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000723 .MILK, CARTON, WHITE, 1%	1 CRTN	25	120	1.50	150	*N/A*	2.50	0.00	10	14.00	0.00	10.00	500	350.0	2.40	0.00
Weighted Daily Average			361	1.73	356	*18	6.99	0.00	14	62.36	2.71	11.86	*391	*285.9	*42.31	*32.57
% of Calories				4.31%		*19.9%	17.4%	0.0%		69.1%		13.1%				
Weekly Nutrient Guideline			400 - 550	<10	600		<=0									

Wednesday - 08/30/2017

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000929 .MINI-CINNIS, PILLSBURY, 33686	1 PACKAGE	60	240	2.00	300	15	8.00	0.00	0	40.00	2.00	5.00	75	40.0	0.00	1.44
000926 .MUFFIN, GC, BLUEBERRY 4oz	1 EACH	20	372	1.00	288	*N/A*	10.00	0.00	32	57.00	3.00	6.40	19	96.0	11.00	104.00
000927 .MUFFIN, GC, CHOC CHIP, 4oz	1 EACH	40	380	1.00	288	*N/A*	10.00	0.00	33	57.00	3.00	6.67	40	100.0	0.20	104.00
000115 .PIZZA, BREAKFAST BAGEL	1 EACH	40	192	3.01	363	4	5.71	0.00	15	23.16	1.80	11.65	73	217.0	3.80	1.59
000917 .BAGEL, TONY ROBERTS, WHITE WG	1 BAGEL	1	217	0.09	230	4	0.82	0.00	0	44.60	4.36	7.80	20	18.0	0.00	2.70
001141 .CHEESE, CREAM CHEESE, SINGLE CUPS	1 EACH	1	99	6.00	84	*N/A*	10.00	0.00	31	1.00	0.00	2.00	8	2.0	0.00	2.00
001187 .CEREAL, MARSHMALLOW MATEYS, 2OZ, (S)	BOWL	1	220	0.00	380	24	2.00	0.00	0	46.00	2.00	4.00	20	20.0	20.00	100.00
001149 .FRUIT BASKET, SEASONAL (BKFST)	1/2 cup	100	50	0.02	1	*7	0.14	0.00	0	13.10	1.64	0.47	*60	*12.9	*15.71	*0.20
001139 .JUICE, ORANGE, CRTN SML, 4 FL OZ	1 CRTN	100	55	0.00	14	14	0.00	0.00	0	14.00	0.00	1.00	2	1.0	50.00	0.00
001137 .JUICE, APPLE, CRTN SML, 4 FL OZ	1 CRTN	25	55	0.00	15	15	0.00	0.00	0	15.00	0.00	0.00	0	0.0	50.00	0.00
000725 .MILK, CARTON, CHOC NONFAT	1 CRTN	100	120	0.00	150	*N/A*	0.00	0.00	0	22.00	0.00	8.00	500	300.0	1.80	0.00

Base Menu Spreadsheet

Portion Values

Aug 23, 2017 thru Sep 1, 2017

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000723 .MILK, CARTON, WHITE, 1%	1 CRTN	25	120	1.50	150	*N/A*	2.50	0.00	10	14.00	0.00	10.00	500	350.0	2.40	0.00
Weighted Daily Average			361	1.73	356	*18	6.99	0.00	14	62.36	2.71	11.86	*391	*285.9	*42.31	*32.57
% of Calories				4.31%		*19.9%	17.4%	0.0%		69.1%		13.1%				
Weekly Nutrient Guideline			400 - 550	<10	600		<=0									

Thursday - 08/31/2017

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000929 .MINI-CINNIS, PILLSBURY, 33686	1 PACKAGE	60	240	2.00	300	15	8.00	0.00	0	40.00	2.00	5.00	75	40.0	0.00	1.44
000926 .MUFFIN, GC, BLUEBERRY 4oz	1 EACH	20	372	1.00	288	*N/A*	10.00	0.00	32	57.00	3.00	6.40	19	96.0	11.00	104.00
000927 .MUFFIN, GC, CHOC CHIP, 4oz	1 EACH	40	380	1.00	288	*N/A*	10.00	0.00	33	57.00	3.00	6.67	40	100.0	0.20	104.00
000115 .PIZZA, BREAKFAST BAGEL	1 EACH	40	192	3.01	363	4	5.71	0.00	15	23.16	1.80	11.65	73	217.0	3.80	1.59
000917 .BAGEL, TONY ROBERTS, WHITE WG	1 BAGEL	1	217	0.09	230	4	0.82	0.00	0	44.60	4.36	7.80	20	18.0	0.00	2.70
001141 .CHEESE, CREAM CHEESE, SINGLE CUPS	1 EACH	1	99	6.00	84	*N/A*	10.00	0.00	31	1.00	0.00	2.00	8	2.0	0.00	2.00
001187 .CEREAL, MARSHMALLOW MATEYS, 2OZ, (S)	BOWL	1	220	0.00	380	24	2.00	0.00	0	46.00	2.00	4.00	20	20.0	20.00	100.00
001149 .FRUIT BASKET, SEASONAL (BKFST)	1/2 cup	100	50	0.02	1	*7	0.14	0.00	0	13.10	1.64	0.47	*60	*12.9	*15.71	*0.20
001139 .JUICE, ORANGE, CRTN SML, 4 FL OZ	1 CRTN	100	55	0.00	14	14	0.00	0.00	0	14.00	0.00	1.00	2	1.0	50.00	0.00
001137 .JUICE, APPLE, CRTN SML, 4 FL OZ	1 CRTN	25	55	0.00	15	15	0.00	0.00	0	15.00	0.00	0.00	0	0.0	50.00	0.00
000725 .MILK, CARTON, CHOC NONFAT	1 CRTN	100	120	0.00	150	*N/A*	0.00	0.00	0	22.00	0.00	8.00	500	300.0	1.80	0.00

Base Menu Spreadsheet

Portion Values

Aug 23, 2017 thru Sep 1, 2017

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000723 .MILK, CARTON, WHITE, 1%	1 CRTN	25	120	1.50	150	*N/A*	2.50	0.00	10	14.00	0.00	10.00	500	350.0	2.40	0.00
Weighted Daily Average			361	1.73	356	*18	6.99	0.00	14	62.36	2.71	11.86	*391	*285.9	*42.31	*32.57
% of Calories				4.31%		*19.9%	17.4%	0.0%		69.1%		13.1%				
Weekly Nutrient Guideline			400 - 550	<10	600		<=0									

Friday - 09/01/2017

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000929 .MINI-CINNIS, PILLSBURY, 33686	1 PACKAGE	60	240	2.00	300	15	8.00	0.00	0	40.00	2.00	5.00	75	40.0	0.00	1.44
000926 .MUFFIN, GC, BLUEBERRY 4oz	1 EACH	20	372	1.00	288	*N/A*	10.00	0.00	32	57.00	3.00	6.40	19	96.0	11.00	104.00
000927 .MUFFIN, GC, CHOC CHIP, 4oz	1 EACH	40	380	1.00	288	*N/A*	10.00	0.00	33	57.00	3.00	6.67	40	100.0	0.20	104.00
000115 .PIZZA, BREAKFAST BAGEL	1 EACH	40	192	3.01	363	4	5.71	0.00	15	23.16	1.80	11.65	73	217.0	3.80	1.59
000917 .BAGEL, TONY ROBERTS, WHITE WG	1 BAGEL	1	217	0.09	230	4	0.82	0.00	0	44.60	4.36	7.80	20	18.0	0.00	2.70
001141 .CHEESE, CREAM CHEESE, SINGLE CUPS	1 EACH	1	99	6.00	84	*N/A*	10.00	0.00	31	1.00	0.00	2.00	8	2.0	0.00	2.00
001187 .CEREAL, MARSHMALLOW MATEYS, 2OZ, (S)	BOWL	1	220	0.00	380	24	2.00	0.00	0	46.00	2.00	4.00	20	20.0	20.00	100.00
001149 .FRUIT BASKET, SEASONAL (BKFST)	1/2 cup	100	50	0.02	1	*7	0.14	0.00	0	13.10	1.64	0.47	*60	*12.9	*15.71	*0.20
001139 .JUICE, ORANGE, CRTN SML, 4 FL OZ	1 CRTN	100	55	0.00	14	14	0.00	0.00	0	14.00	0.00	1.00	2	1.0	50.00	0.00
001137 .JUICE, APPLE, CRTN SML, 4 FL OZ	1 CRTN	25	55	0.00	15	15	0.00	0.00	0	15.00	0.00	0.00	0	0.0	50.00	0.00
000725 .MILK, CARTON, CHOC NONFAT	1 CRTN	100	120	0.00	150	*N/A*	0.00	0.00	0	22.00	0.00	8.00	500	300.0	1.80	0.00

Base Menu Spreadsheet

Portion Values

Aug 23, 2017 thru Sep 1, 2017

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000723 .MILK, CARTON, WHITE, 1%	1 CRTN	25	120	1.50	150	*N/A*	2.50	0.00	10	14.00	0.00	10.00	500	350.0	2.40	0.00
Weighted Daily Average			361	1.73	356	*18	6.99	0.00	14	62.36	2.71	11.86	*391	*285.9	*42.31	*32.57
% of Calories				4.31%		*19.9%	17.4%	0.0%		69.1%		13.1%				
Weekly Nutrient Guideline			400 - 550	<10	600		<=0									

- *N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient
- * - denotes combined nutrient totals with either missing or incomplete nutrient data
- ¹ - denotes required nutrient values
- ² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.